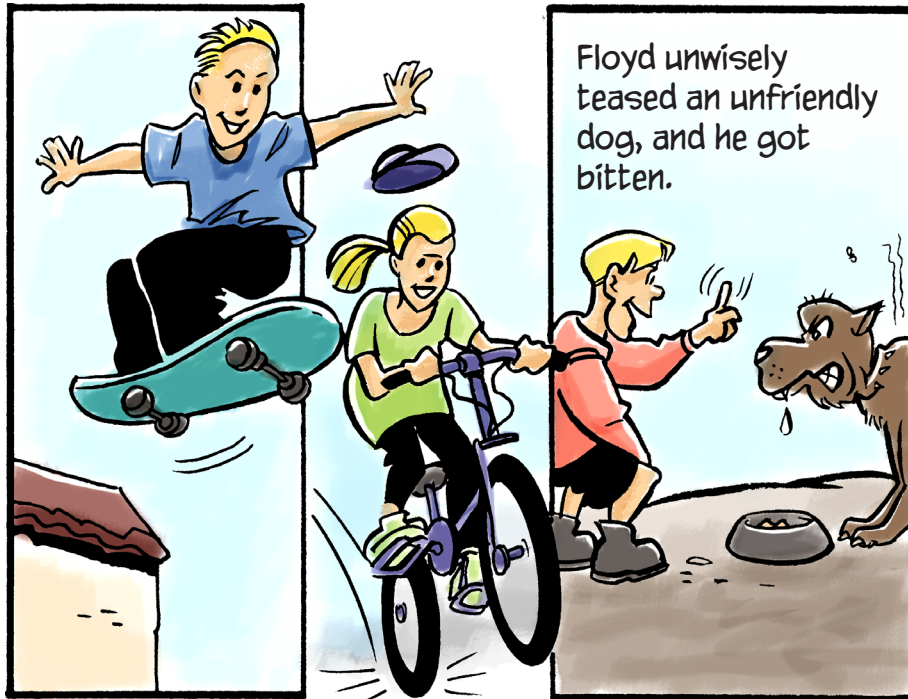


PRAYER INCLUDES LISTENING

You miscalculated a jump with your skateboard and broke your leg.

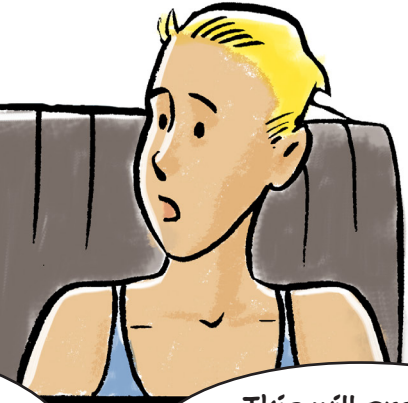
Then Melissa tried a stunt with her bike that she hadn't trained for and injured herself.



I've learned something about prayer through our recent accidents.

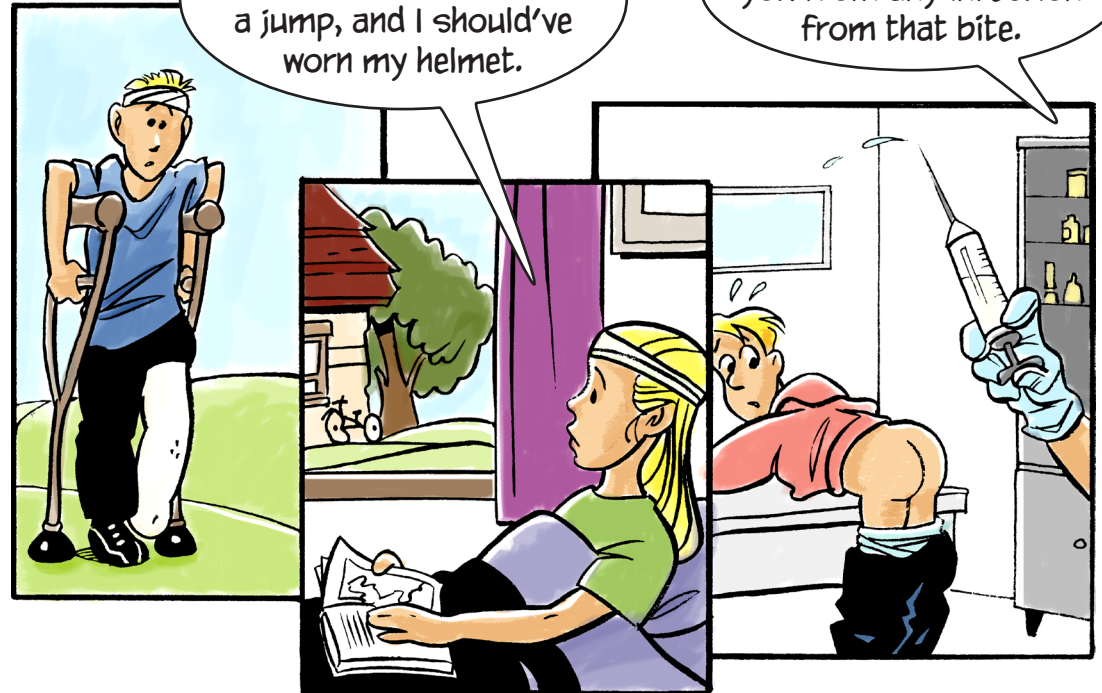


You have?



I need to train more before trying such a jump, and I should've worn my helmet.

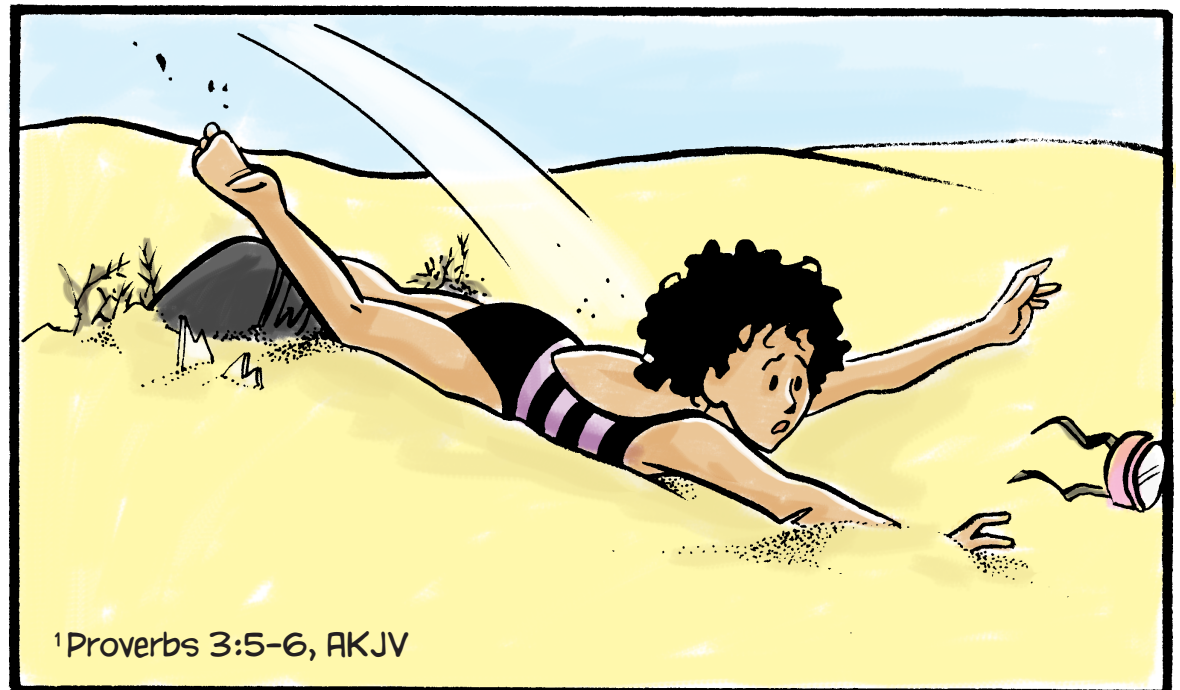
This will protect you from any infection from that bite.



And I tripped over a rock and sprained my ankle while running at the beach because I wasn't paying attention.

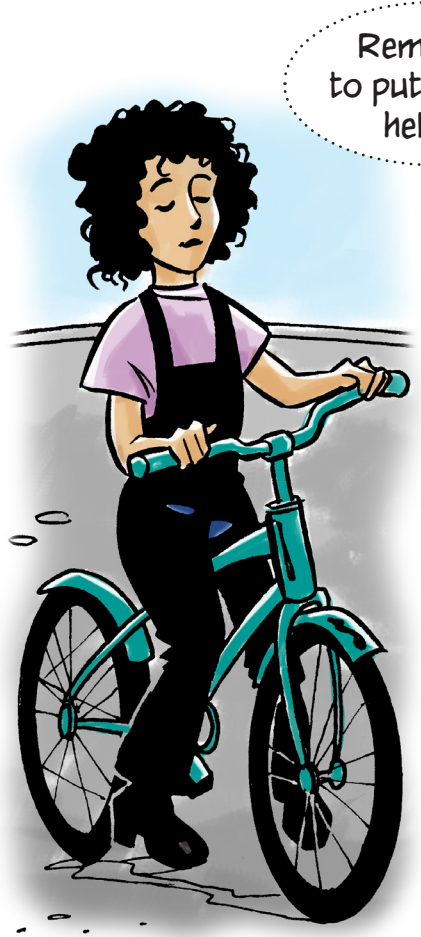


After missing out on the fun beach activities, I asked Jesus if He had anything to tell me about the different accidents we've had recently. This Bible passage came to mind: "Trust in the Lord with all your heart; and lean not to your own understanding. In all your ways acknowledge him, and he shall direct your paths."¹



Jesus was reminding me of the importance of prayer. Not only praying for safety, but also pausing to listen for any instruction He might give that will help keep me safe!

TAKE TIME TO PRAY BEFORE ACTIVITIES AND LISTEN FOR GOD'S GUIDANCE!



"COMMIT EVERYTHING YOU DO TO THE LORD. TRUST HIM, AND HE WILL HELP YOU" (PSALM 37:5 NLT).