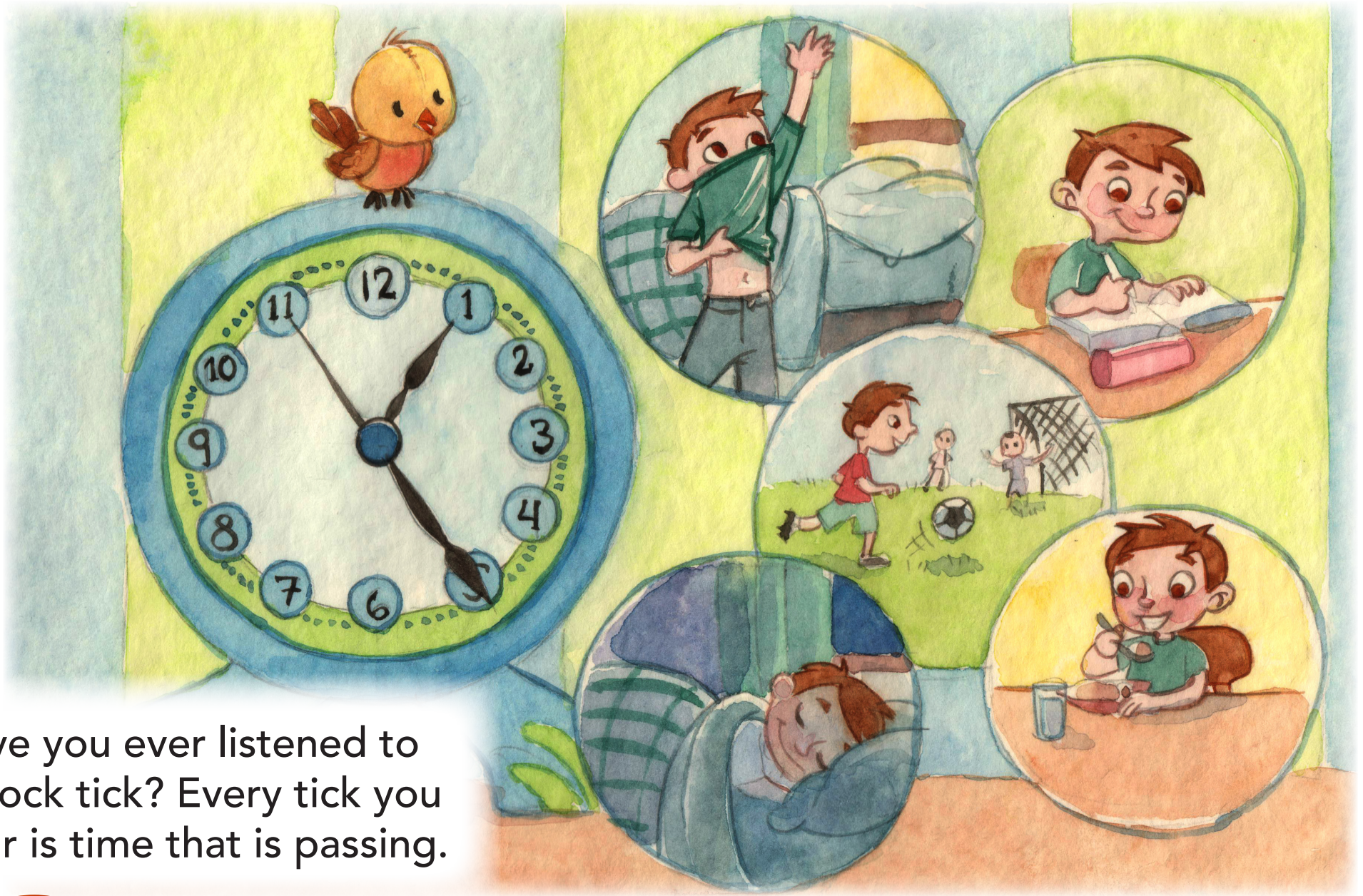


Tick! Tock! Tick! Tock!

Redeem the time.
(Ephesians 5:16, *paraphrased*)





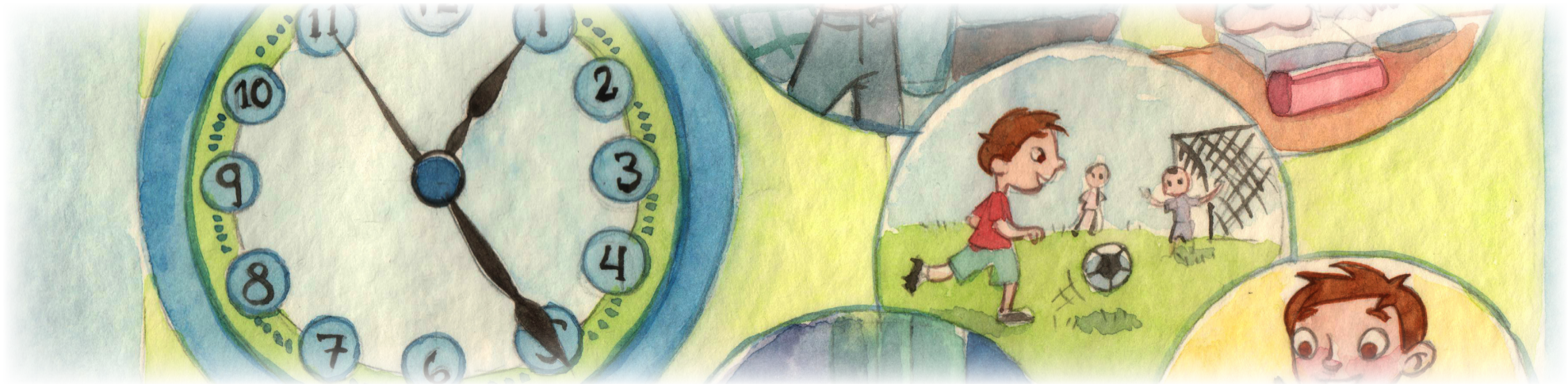
Have you ever listened to a clock tick? Every tick you hear is time that is passing.



The Bible tells us that we should make the most of our time. That means we should do our best to use our time wisely, by learning to focus on whatever it is that we need to do and completing it as quickly and thoroughly as possible.



Sometimes, though, we may not want to do what we need to do, so we let ourselves be distracted, or we complain about what we have to do. When we do this, we are not using time wisely. It is as if we are throwing our time away. When a day is done, all that time is gone. We cannot get it back. And many times we still have to do the things that were left undone.



Jesus wants us to look back on each day and feel glad for how we used our time. The best ways we can use our time wisely are by helping others, doing what we are asked, studying and learning, and by reading and living God's Word. If we do these things, we can be happy that our time is being used well.



Action



Ask your mommy or daddy to show you a clock or watch in your house that has a second hand. Put it to your ear and listen to the clock tick. Talk about ways you can use your time better.



*Authored by Katuscia Giusti. Illustrations by Sabine Rich. Design by Stefan Merour.
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