



## PROVERBS FOR KIDS: JOY

**PROVERB:  
A GLAD HEART MAKES  
A CHEERFUL FACE.<sup>1</sup>**

Joy comes from deep in your heart. It is through joy that you can be happy even when things do not go the way you had hoped. God gives you this joy. It comes from His love for you and the certainty that you can have because He will always be with you. He will care for you.



<sup>1</sup> Proverbs 15:13 ESV

Being joyful does not mean that you are always excited or bubbling with laughter. Joy is the contentment and peace that you feel in your heart, and it comes from God.



<sup>2</sup> See Nehemiah 8:10.

The joy you receive from God will be your strength<sup>2</sup> and your confidence. It will show on your face—in the happiness shining from your eyes, in your smile, and in your cheerful communications.



# BIBLE CHARACTER HIGHLIGHT

King David was a good example of joy. He faced many difficult times in his life, both when he was a boy before he became king and also during his reign. King David had a very deep connection with God, and he wrote many psalms of praise and thanksgiving that told of the joy he found in God. That joy saw him through the many ups and downs in his life.



<sup>3</sup> Psalm 28:7 NLT