

JUST ME AND JESUS: YOU'RE NEVER ALONE

A message from Jesus

Whether you're at school, at home playing with your toys, or lying in your bed at night, I'm always with you.¹ Even when there's no one else in the room, you're not alone because I'm there too. You don't have to be afraid because I'll look out for you. If you're worried about being on your own, take a moment to think about Me. I'm your big, strong friend. I'll look after you and keep you safe.

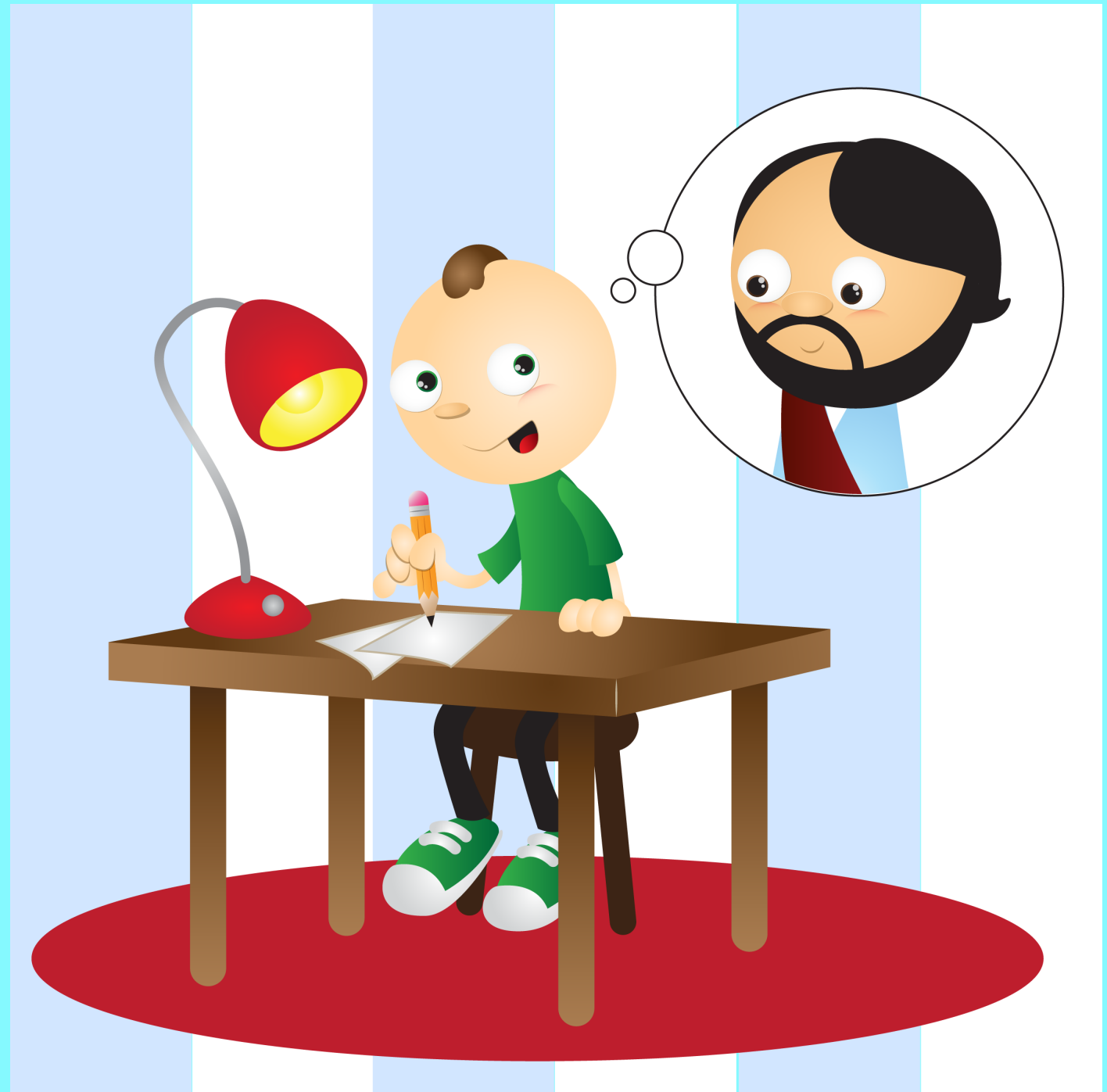
¹ "He will never leave you nor forsake you" (Deuteronomy 31:6 NIV)."



When you're afraid, try to think on something that's happy and fun. Often, things that people are afraid of aren't worth worrying about. Maybe something scares you because you don't know what it is or how it works. Or maybe you are scared when you don't know why something happens. Tell your mommy or daddy about whatever you're scared of. Say a little prayer and take a deep breath, then think about something happy and good. Those good thoughts will chase away the frightening ones.



Did you know that no fear needs to exist where My love is, because My love chases away all fear.² So remember My love for you in those times when you are afraid or scared. I'm there just for you! I will never miss a single moment that I could be spending with you. You're My special friend, and I love to be around you and care for you.



²1 John 4:18

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ALONE, JESUS IS
WITH ME;
THERE IS NOTHING
FOR HIM THAT IS
TOO SCARY.
THAT IS WHY WITH
MY FRIEND JESUS
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