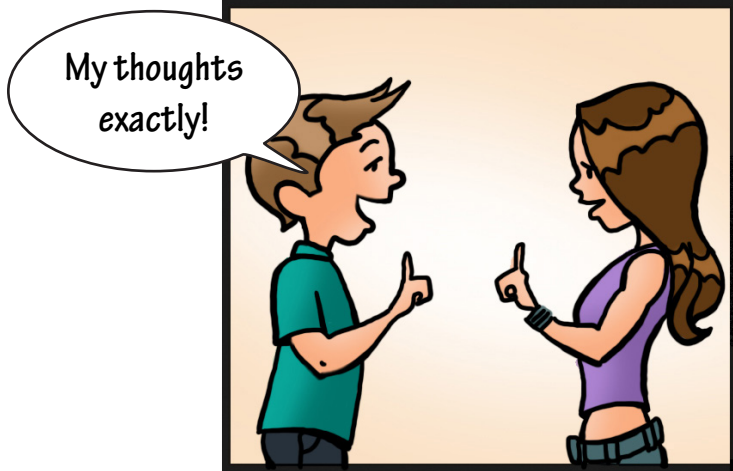


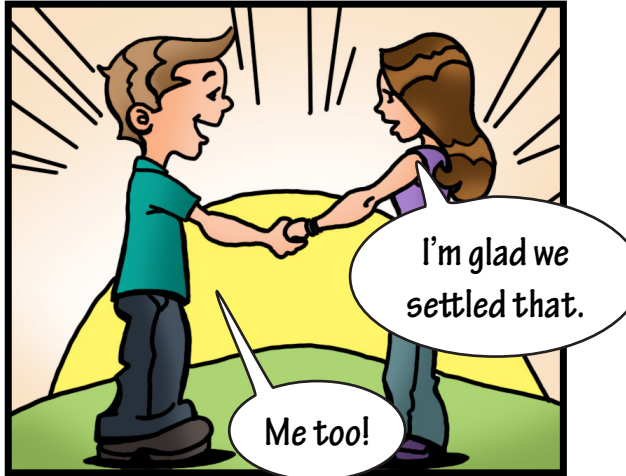
UNITY IS ...

The Bible says, "How good and pleasant it is when God's people live together in unity!"¹

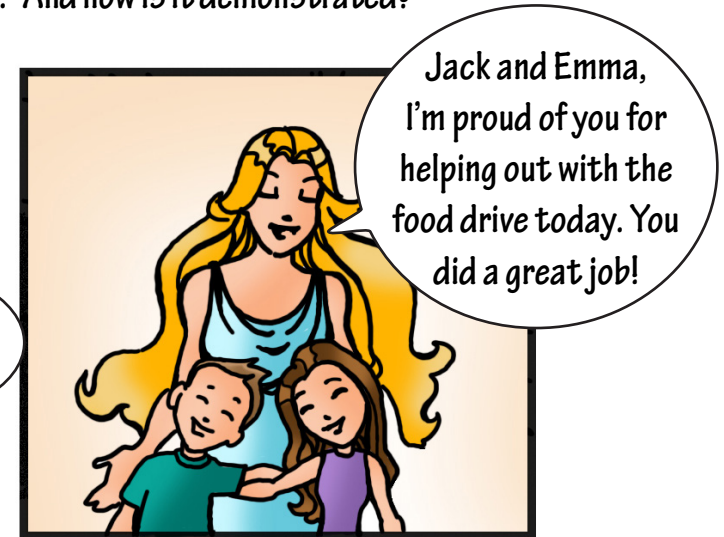
"But what is unity?" you might ask. "And how is it demonstrated?"



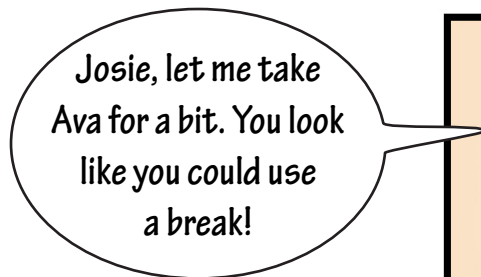
Unity is teamwork. It brings you together as a team and avoids those things that would hurt or separate you.



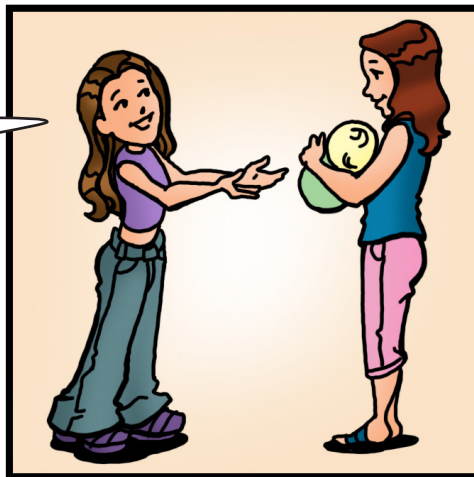
Unity is harmony. It is avoiding and resolving conflicts, and not letting the sun go down upon your anger or hurt.²



Unity is love put into action. It is choosing the happiness of others first and putting the needs of others before your own.

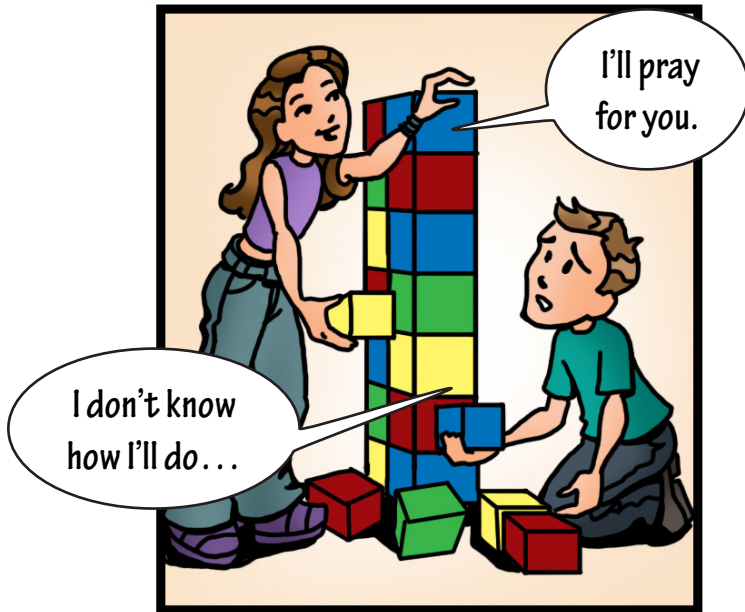


Unity is sacrifice. It is helping someone in need, even when you don't feel like it.

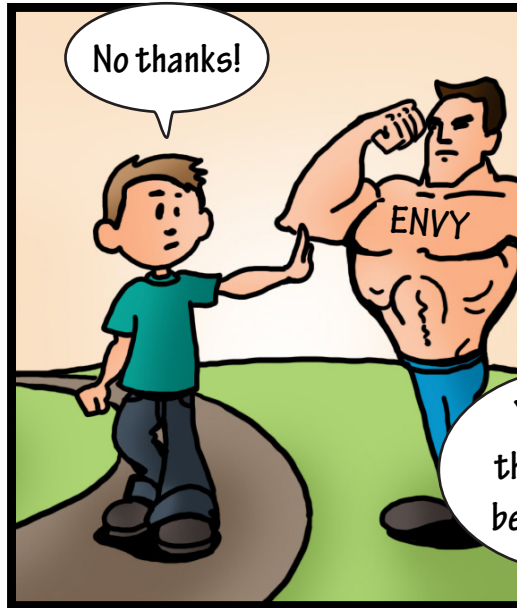


Thanks for letting me use the computer first, Jack!

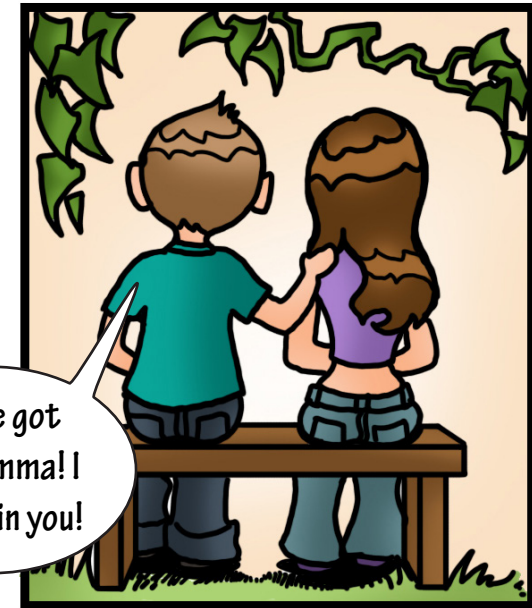
Unity is preferring others before yourself. It is giving your time for others and doing all things in a spirit of love and caring.



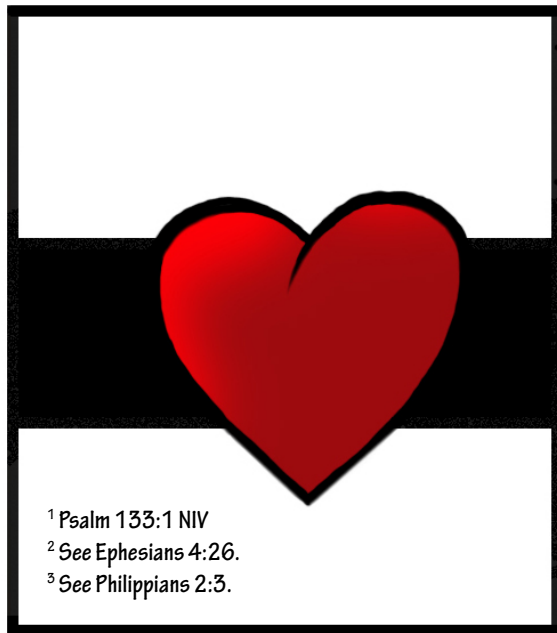
Unity is upholding others in prayer.



Unity is walking in humility and putting off pride and envy.³ Unity builds up; it never tears down.



Unity is communication. It is believing in one another, trusting in one another, confiding in one another.



¹ Psalm 133:1 NIV

² See Ephesians 4:26.

³ See Philippians 2:3.

In unity there is strength.

“Do your best to preserve the unity which the Spirit gives by means of the peace that binds you together” (Ephesians 4:3 GNT).