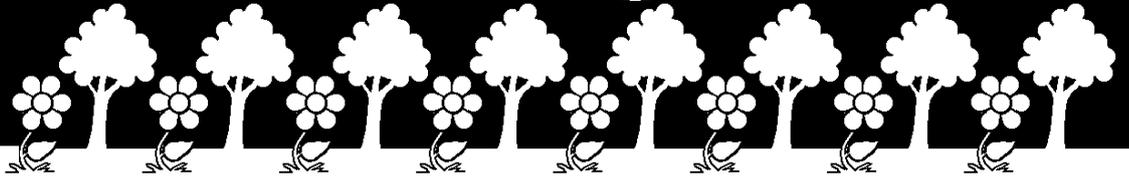
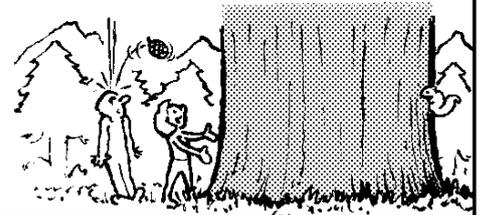
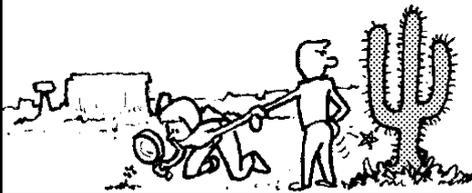


BREAK OUT OF THE MOLD!



If all the flowers in the world were one color and there was only one type of tree, nature would be uninteresting.

Beauty is found in variety
—the varying types and textures, hues and shades.



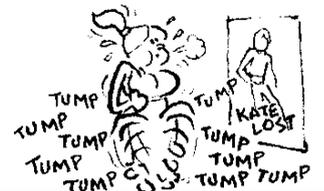
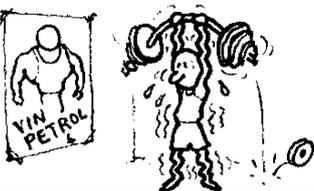
Beauty would be diminished if everyone and everything looked alike.

There is value in taking good care of yourself and your appearance.



It glorifies God when you dress neatly, are clean, fit, and you make an effort to look good.

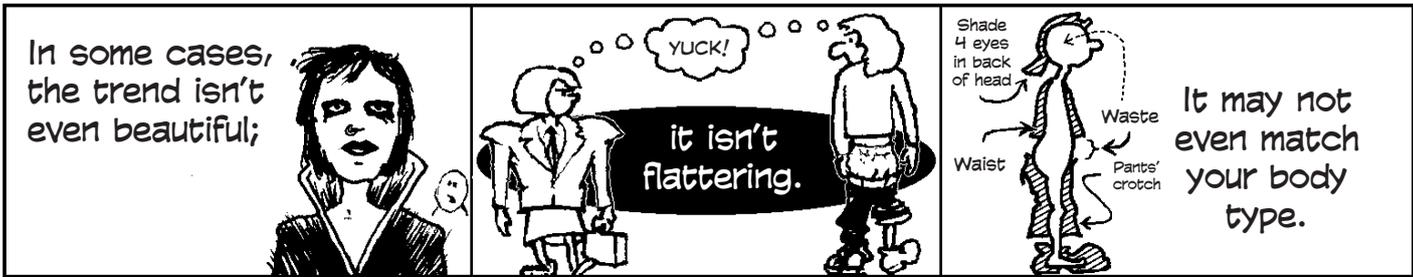
But you don't do yourself any favors when you try to change the way God made you to fit someone else's perception of beauty.



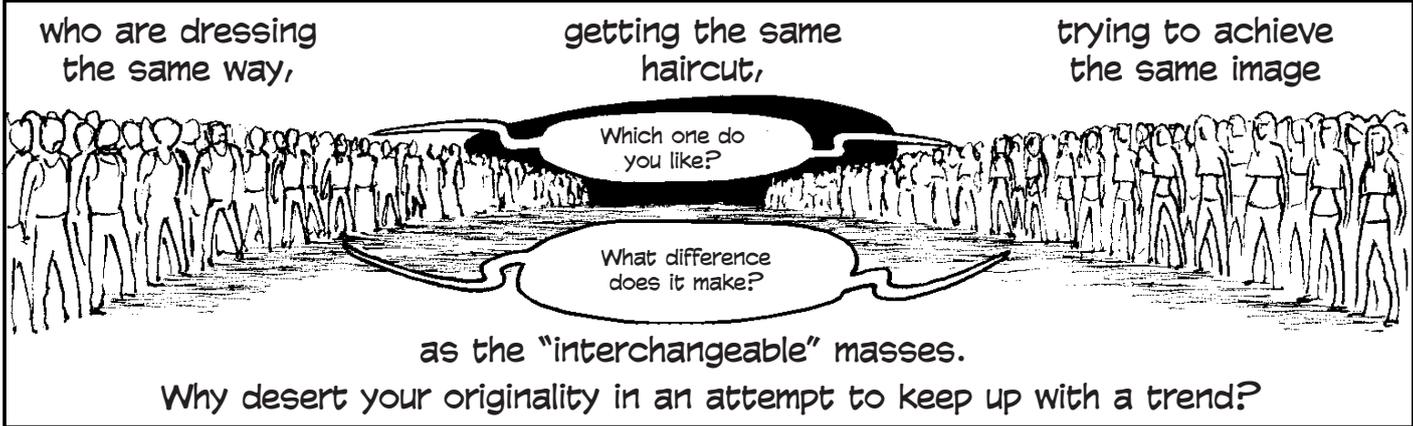
When you try so hard to fit a certain mold of beauty, whether it suits you or not or is realistic or not, you're giving up your uniqueness.

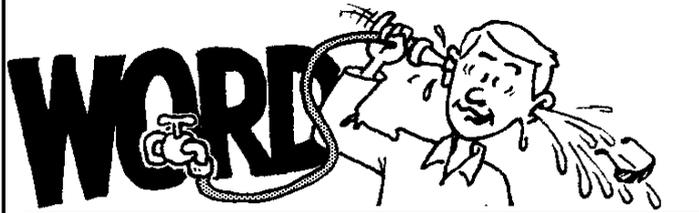
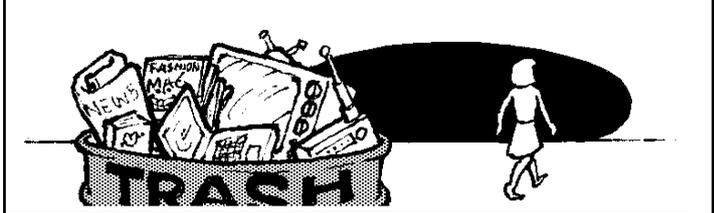


What's the attraction in looking like everybody else?



True beauty is not only about physical appearance, it's also about your inner beauty—that "spark" that sets you apart from the countless others



<p>Clear your mind of everyone else's perception of what is perfect.</p> 	<p>Set aside the things you've been told or shown or thought were beautiful.</p> 
<p>Ask God what specific qualities He gave you that make you unique.</p> 	<p>Ask Him how you can enhance those qualities or features</p> 

-PHYSICAL AND SPIRITUAL.

Everyone has something beautiful or charming about them. Even if you think you have a defect or a flaw of some sort, well, everyone else does too, or they *think* they do!

Don't let an unrealistic perception of beauty diminish your joy and happiness. Remember, you are created in God's image.¹

"I praise you because you made me in such a wonderful way. I know how amazing that was!" (Psalm 139:14 ERV).

¹ See Genesis 1:27.