

# God's Power in Weakness

IT CAN BE DIFFICULT TO BE NICE ALL THE TIME. THERE ARE DAYS WHERE YOU JUST WANT TO BE BY YOURSELF, OR WHEN THINGS AREN'T GOING THE WAY YOU HAD HOPED. FOR EXAMPLE, MAYBE YOU FIND YOURSELF ANNOYED BY YOUR YOUNGER BROTHER OR SISTER BECAUSE THEY WANT YOUR ATTENTION OR WANT YOU TO PLAY WITH THEM.

SHOWING YOUR ANGER AND FRUSTRATION IN THESE INSTANCES CAN BE EASY TO DO IF YOU'RE NOT CAREFUL. MAYBE YOU FIND YOURSELF SHOWING YOUR ANGER AND FRUSTRATION MORE OFTEN THAN YOU'D LIKE, AND YOU FEEL BAD ABOUT IT. BUT DON'T LET THAT DISCOURAGE YOU. WHAT MATTERS TO JESUS AND TO OTHERS IS WHEN THEY SEE THAT YOU WANT TO CHANGE AND ARE HAPPY TO TAKE STEPS TOWARD THAT CHANGE.

WHEN YOU SENSE A FEELING OF ANGER OR FRUSTRATION WITHIN YOU, TAKE TIME TO COUNT TO TEN OR TO WALK AWAY UNTIL YOU FEEL YOU CAN HANDLE THE SITUATION BETTER. IF YOU END UP SHOWING THAT YOU ARE ANNOYED, YOU CAN ALWAYS ASK FOR FORGIVENESS. REMEMBER ALSO TO TAKE THE TIME TO PRAY AND ASK FOR GOD'S HELP.

WITH FOCUS, EFFORT, GOD'S HELP, AND HUMILITY, YOU CAN GROW KINDER AND MORE PATIENT.

## Bible verse:

"BUT HE SAID TO ME, 'MY GRACE IS SUFFICIENT FOR YOU, FOR MY POWER IS MADE PERFECT IN WEAKNESS.'" (2 CORINTHIANS 12:9 NIV).

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