

Run the Race

We are surrounded by a great cloud of witnesses. Let us run with patience the race that is set before us, looking unto Jesus.
(Hebrews 12:1–2, *paraphrased*)



Have you ever watched a race? At first the runners have plenty of energy and run easily, but toward the end of the race, they may seem tired and go slower. But they keep running until they cross the finish line and the race is finished.



Sometimes we face challenges in life that can be similar to a race. At first they may not seem so difficult, but then after a little while we may get tired of trying and feel like quitting.



But if we keep trying, even when it is difficult, then we will succeed and reach our goals.





The Bible tells us that we can look to Jesus when we need patience and perseverance to keep trying even when something is hard to do. Jesus can give us patience and grace to face whatever challenge is before us. All we have to do is ask Him for His help, and He will be there to help.





Action

Think about something that you're having difficulty learning. Now pretend that you are running a race. (Make sure you have a finish line!) As you are running, talk to Jesus and ask Him to help you with whatever it is that you are trying to learn. When you reach the finish line, praise Jesus for helping you to run the race.



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