

*A Thought
for the Day*

Bubbles of Joy

The Bible says:

OUR MOUTHS WERE FILLED WITH LAUGHTER; OUR TONGUES WITH SONGS OF JOY (PSALM 126:2 NIV).

Think on this:

IT FEELS GOOD TO LAUGH. LAUGHTER CAN MAKE OUR SAD, ANGRY, FRUSTRATED FEELINGS DISAPPEAR. GOD ENJOYS OUR LAUGHTER, AND WHEN WE ARE JOYOUS. IF WE OPEN OUR HEARTS TO HIM, HE WILL FILL OUR HEARTS WITH JOY.

IMAGINE THAT GOD IS BLOWING BUBBLES OF JOY OUR WAY, AND THOSE BUBBLES MAKE US LAUGH AND HAVE FUN. BUBBLES ALSO POP EASILY, AND SOMETIMES THE HAPPINESS WE FEEL CAN POP AND DISAPPEAR IN AN INSTANT, BUT THERE ARE ALWAYS MORE BUBBLES OF JOY TO BE HAD. GOD HAS THE BUBBLE SOLUTION, AND HE IS MORE THAN HAPPY TO KEEP THE FLOW OF BUBBLES COMING. WE WILL NEVER RUN OUT OF THE THINGS THAT MAKE US HAPPY, THAT MAKE US LAUGH, OR THAT MAKE US FEEL LOVED—EVEN WHEN TIMES ARE DIFFICULT. WE JUST NEED TO KEEP OUR EYES AND HEARTS OPEN.

USE LAUGHTER TO DIFFUSE UNHAPPY MOMENTS, AND LET GOD'S BUBBLES OF JOY SURROUND YOUR HEART AND MIND.

