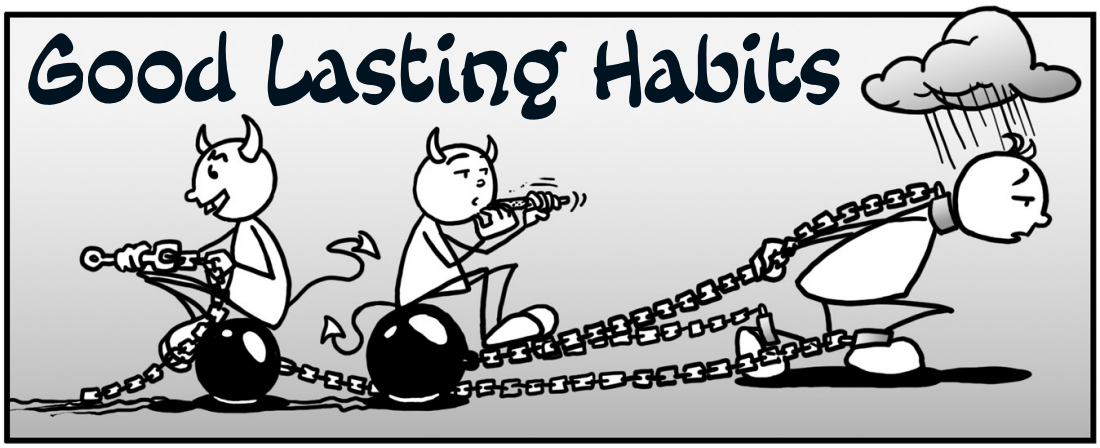
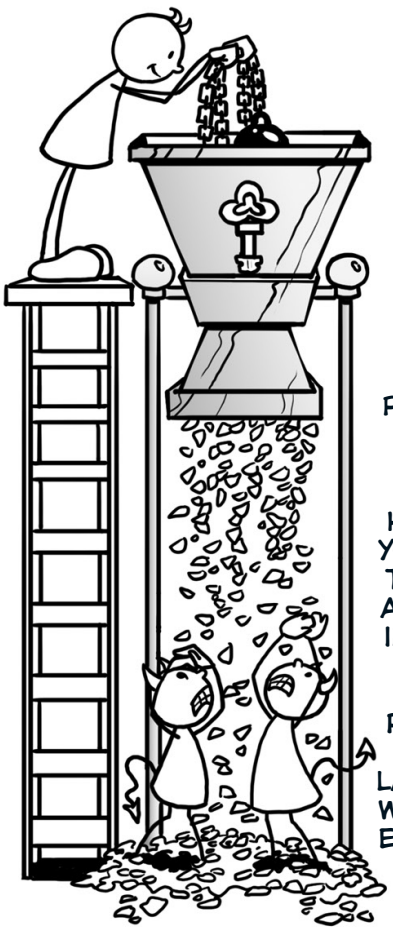
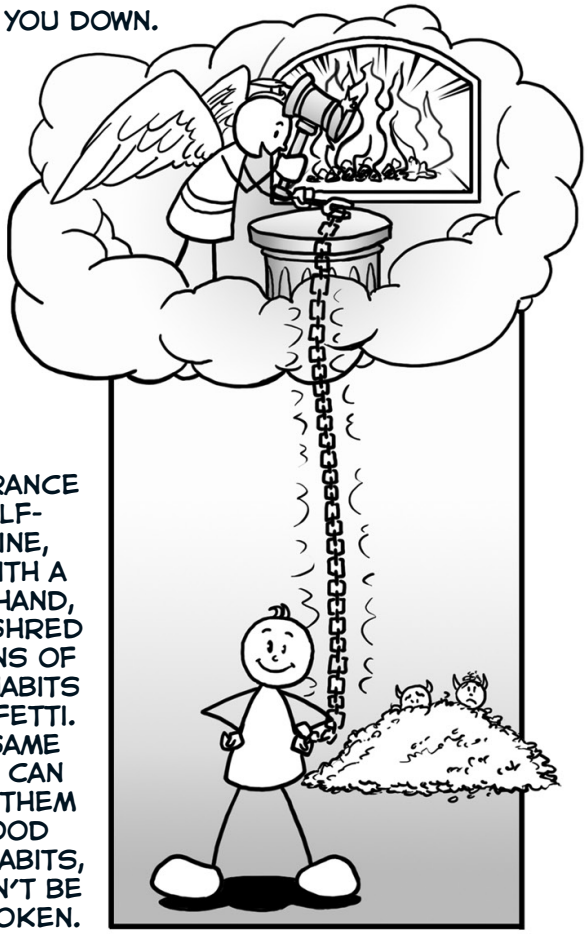
Good Lasting Habits



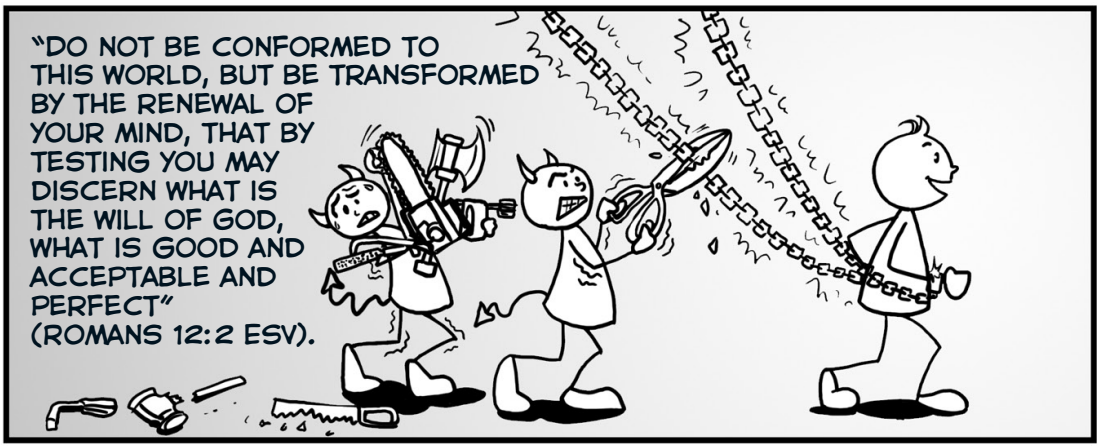
DON'T ALLOW BAD HABITS TO WEIGH YOU DOWN.



WITH PERSEVERANCE AND SELF-DISCIPLINE, ALONG WITH A HELPING HAND, YOU CAN SHRED THE CHAINS OF ANY BAD HABITS INTO CONFETTI. IN THE SAME WAY, YOU CAN REPLACE THEM WITH GOOD LASTING HABITS, WHICH CAN'T BE EASILY BROKEN.



"DO NOT BE CONFORMED TO THIS WORLD, BUT BE TRANSFORMED BY THE RENEWAL OF YOUR MIND, THAT BY TESTING YOU MAY DISCERN WHAT IS THE WILL OF GOD, WHAT IS GOOD AND ACCEPTABLE AND PERFECT" (ROMANS 12:2 ESV).



S&S link: Character Building: Personal Responsibility: Self-discipline-2a

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