

*A Thought
for the Day*

On Solid Rock

The Bible says:

GOD ALONE IS MY ROCK AND MY SALVATION, MY FORTRESS
WHERE I WILL NEVER BE SHAKEN (PSALM 62:2 NLT, ADAPTED).

Think on this:

LIFE ALWAYS HAS UPS AND DOWNS. THE KEY TO
HAPPINESS IS TO NOT LET YOURSELF BE CARRIED AWAY BY
EVERY FLEETING FEELING. IF YOU KEEP YOUR HEART FIRMLY
SET UPON THE ROCK OF GOD'S WORD, WHEN THE WAVES OF
EMOTION COME—WHETHER THEY ARE HAPPY OR SAD—YOU
WILL HAVE A SURE FOUNDATION. THEN YOU CAN WEATHER
THOSE EMOTIONS WITH THE COMFORT AND SECURITY OF
KNOWING THAT GOD IS IN CONTROL.

