

***A Thought
for the Day***

Go Overboard with Positive Thinking

The Bible says:

FIX YOUR THOUGHTS ON WHAT IS TRUE, AND HONORABLE, AND RIGHT, AND PURE, AND LOVELY, AND ADMIRABLE. THINK ABOUT THINGS THAT ARE EXCELLENT AND WORTHY OF PRAISE. (PHILIPPIANS 4:8 NLT)

Think on this:

RATHER THAN THINKING ON THE THINGS THAT AREN'T WORKING OUT FOR YOU OR THAT ARE MAKING YOU SAD, THINK ABOUT WHAT *HAS* WORKED OUT FOR YOU AND WHAT *HAS* MADE YOU HAPPY. THIS IS CALLED POSITIVE THINKING.

YOU CAN CONTROL YOUR THOUGHTS. YOU DON'T HAVE TO ALLOW SAD THOUGHTS TO TAKE OVER YOUR MIND; YOU CAN OVERRIDE SAD THOUGHTS BY FILLING YOUR MIND WITH GOOD, HAPPY THOUGHTS. GOING OVERBOARD WITH POSITIVE THINKING MEANS GOING TO THE EXTREME WITH POSITIVE THOUGHTS UNTIL IT BECOMES A HABIT FOR YOU TO THINK ON THE GOOD THINGS FIRST.

