

# COURAGE

## PART 1

IT'S NOT ALWAYS EASY TO BE COURAGEOUS, ESPECIALLY IF WHAT YOU NEED TO BE BRAVE ABOUT SEEMS DIFFICULT OR UNPOPULAR.

COURAGE DOESN'T MEAN THAT YOU ARE NEVER AFRAID;

IT MEANS THAT YOU OVERCOME YOUR FEAR IN ORDER TO DO WHAT'S RIGHT.

JIM, I DON'T THINK WE SHOULD BE DOING THIS.

HAVE YOU EVER FOUND YOURSELF NEEDING TO SPEAK UP ABOUT A PERSONAL BELIEF OR VALUE?

DO YOU HAVE A PROBLEM, JACKIE?

IT SEEMS HURTFUL TO TALK ABOUT SOMEONE ELSE LIKE THIS.

The word "courage" comes from the Latin root "cor." which means "heart."

PERSONAL CONVICTIONS ARE NOT ALWAYS EASY TO COMMUNICATE WITH YOUR FRIENDS OR THOSE YOU ARE TRYING TO IMPRESS.

IF YOU THINK ABOUT IT, COURAGE TAKES *HEART*. YOU HAVE TO BELIEVE IN YOUR HEART THAT YOU ARE MAKING THE RIGHT DECISION. WHEN YOU HAVE THAT BELIEF, THEN IT'S EASIER FOR COURAGE TO FOLLOW.



SAYING "NO" TO YOUR FRIEND, WHO MAY TRY TO MAKE YOU FEEL YOU'RE A COWARD FOR NOT DOING IT, TAKES CONVICTION.

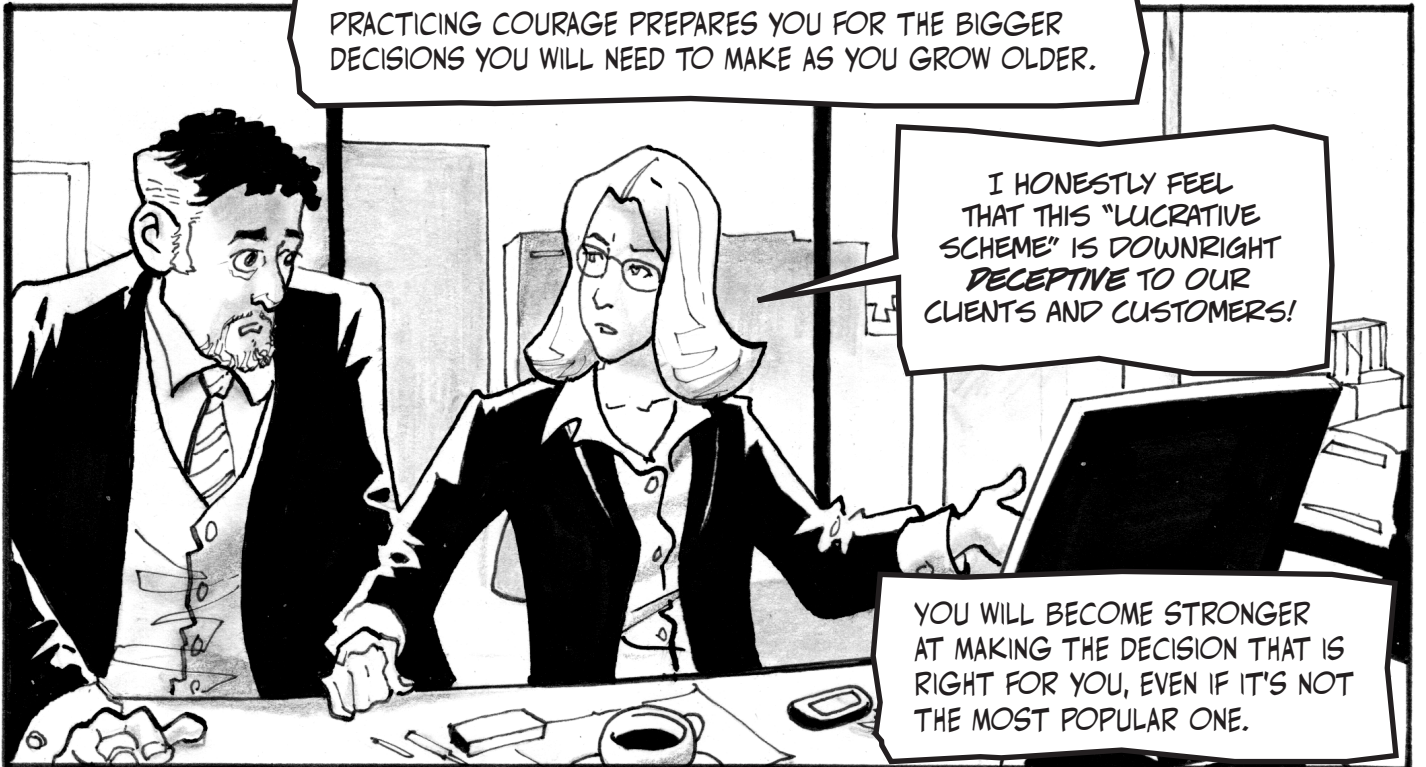
WHAT'S THE BIG DEAL? THEY WOULDN'T HAVE MISSED IT!

REGARDLESS OF THAT, TANYA, STEALING'S NOT COOL.

A STRONG CONVICTION THAT WILL MAKE IT EASIER FOR YOU TO WALK AWAY.



PRACTICING COURAGE PREPARES YOU FOR THE BIGGER DECISIONS YOU WILL NEED TO MAKE AS YOU GROW OLDER.



I HONESTLY FEEL THAT THIS "LUCRATIVE SCHEME" IS DOWNRIGHT DECEPTIVE TO OUR CLIENTS AND CUSTOMERS!

YOU WILL BECOME STRONGER AT MAKING THE DECISION THAT IS RIGHT FOR YOU, EVEN IF IT'S NOT THE MOST POPULAR ONE.

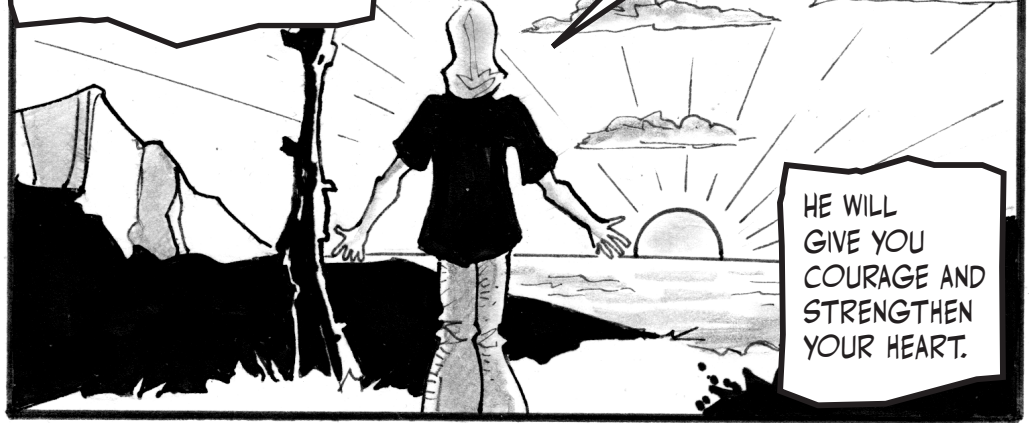
# WHAT YOU CAN DO

ASK GOD TO HELP YOU HAVE COURAGE.



IF YOU DON'T HAVE THE STRENGTH TO STAND UP FOR SOMETHING YOU BELIEVE IN, YOU CAN TURN TO GOD.

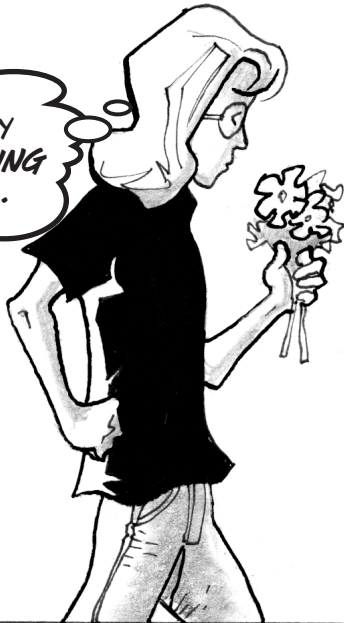
LORD, HELP ME TO MENTION IT TO HER IN THE RIGHT WAY...



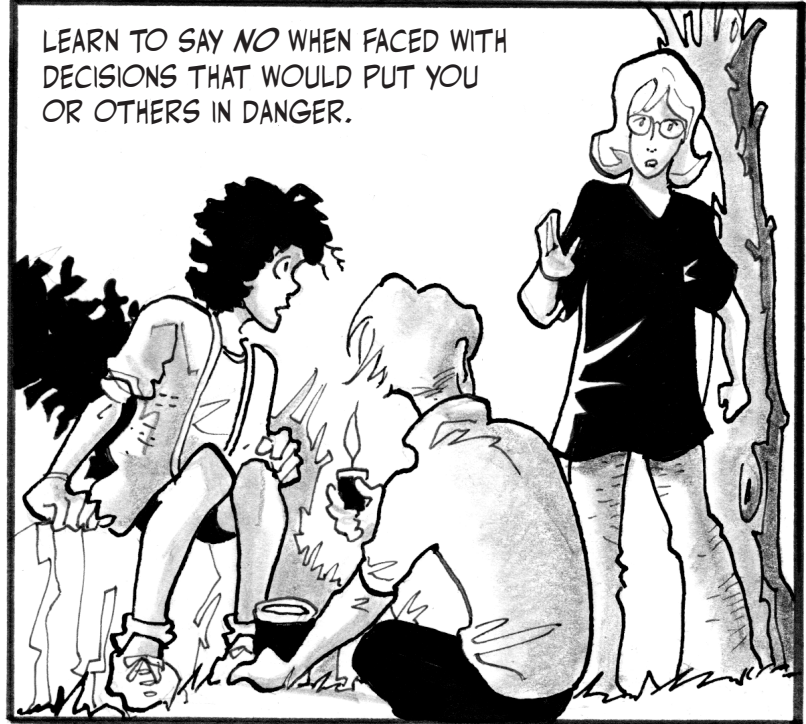
HE WILL GIVE YOU COURAGE AND STRENGTHEN YOUR HEART.

STEP OUT OFTEN TO DO SOMETHING THAT TAKES COURAGE, EVEN IF IT'S A SMALL STEP.

I CAN START BY APOLOGISING TO HER...



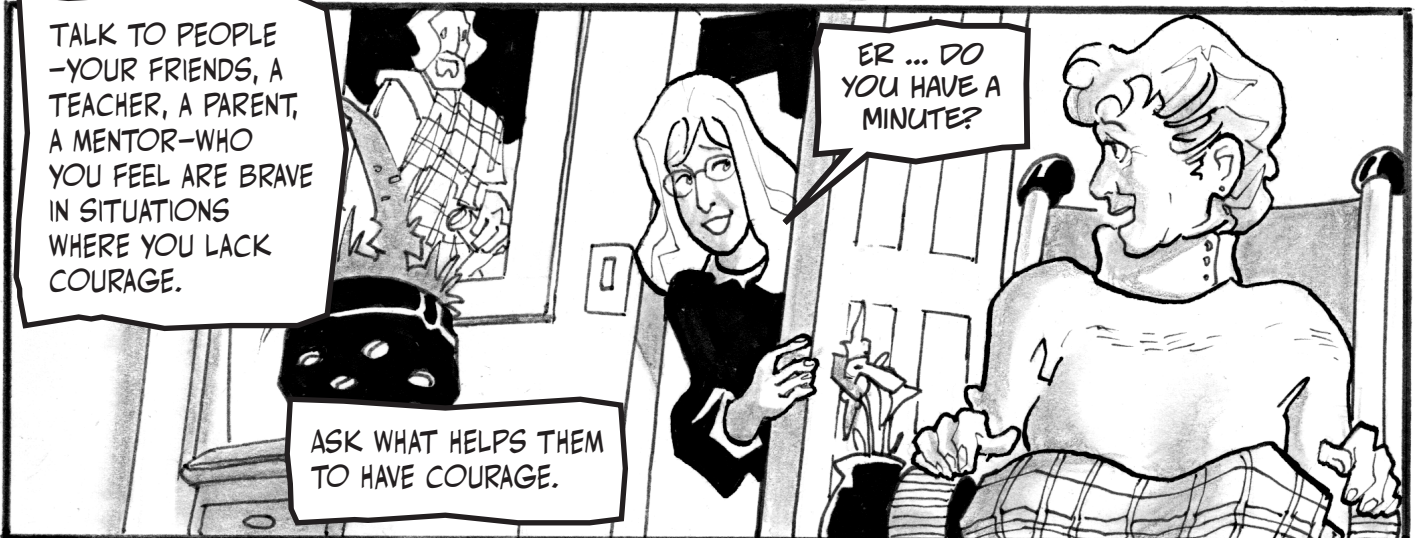
LEARN TO SAY NO WHEN FACED WITH DECISIONS THAT WOULD PUT YOU OR OTHERS IN DANGER.



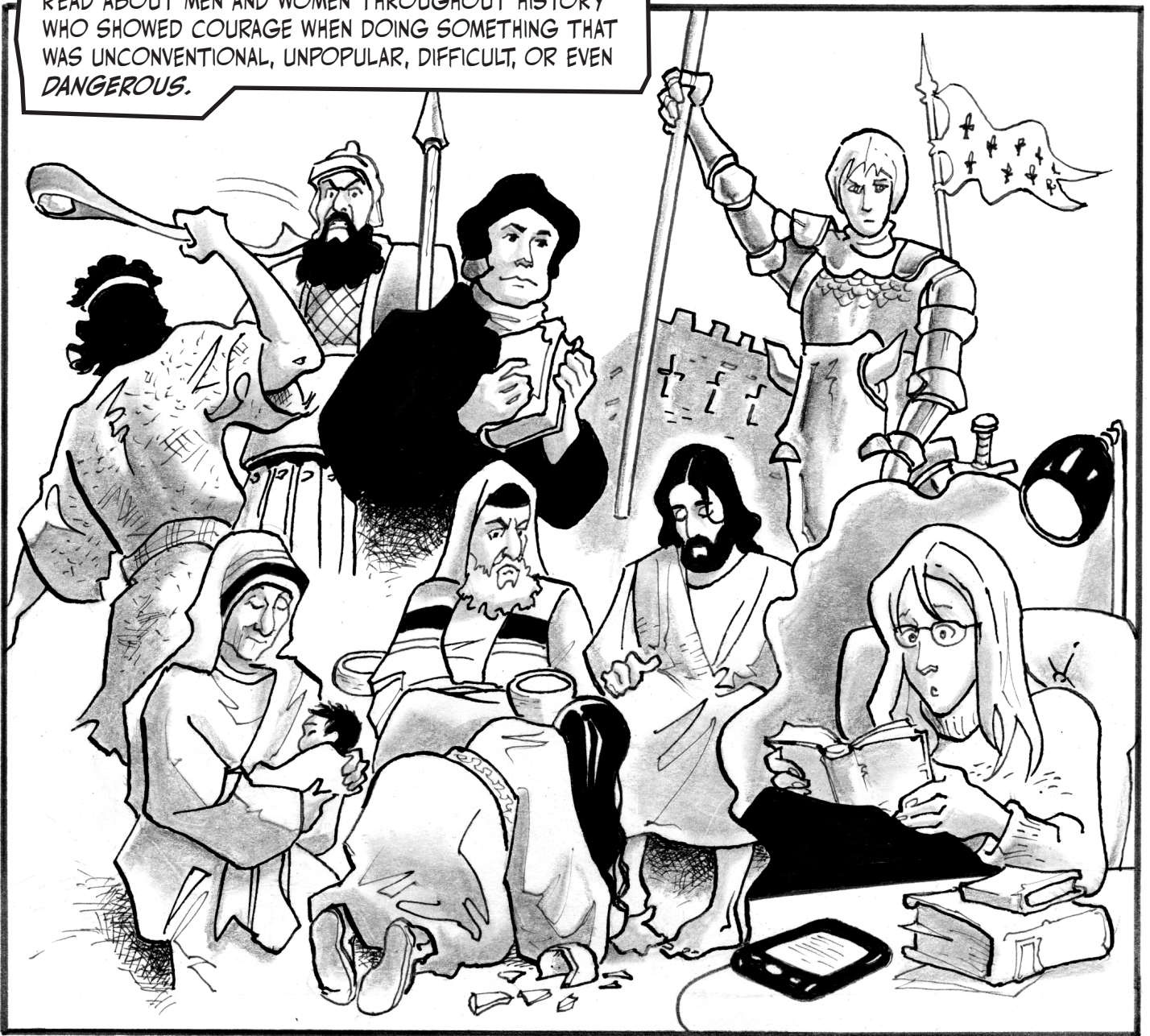
TALK TO PEOPLE -YOUR FRIENDS, A TEACHER, A PARENT, A MENTOR-WHO YOU FEEL ARE BRAVE IN SITUATIONS WHERE YOU LACK COURAGE.

ASK WHAT HELPS THEM TO HAVE COURAGE.

ER ... DO YOU HAVE A MINUTE?



READ ABOUT MEN AND WOMEN THROUGHOUT HISTORY WHO SHOWED COURAGE WHEN DOING SOMETHING THAT WAS UNCONVENTIONAL, UNPOPULAR, DIFFICULT, OR EVEN DANGEROUS.



## WHAT THE BIBLE SAYS:

Psalms 27:14 NKJV: Wait on the Lord; be of good courage, and He shall strengthen your heart. Wait, I say, on the Lord!

Deuteronomy 31:6 KJV: Be strong and of a good courage, fear not, nor be afraid of them: for the Lord thy God, He it is that doth go with thee; He will not fail thee, nor forsake thee.

2 Timothy 1:7 AKJV: For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.

