

The Bible says:

A MERRY HEART DOES GOOD LIKE A MEDICINE: BUT A BROKEN SPIRIT DRIES THE BONES. (PROVERBS 17:22)

A MERRY HEART MAKES A CHEERFUL COUNTENANCE. (PROVERBS 15:13)

Think on this:

IF I DETERMINE TO BE CHEERFUL EVEN WHEN I'M FEELING DOWN, CHANCES ARE I'LL FEEL BETTER SOON.

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