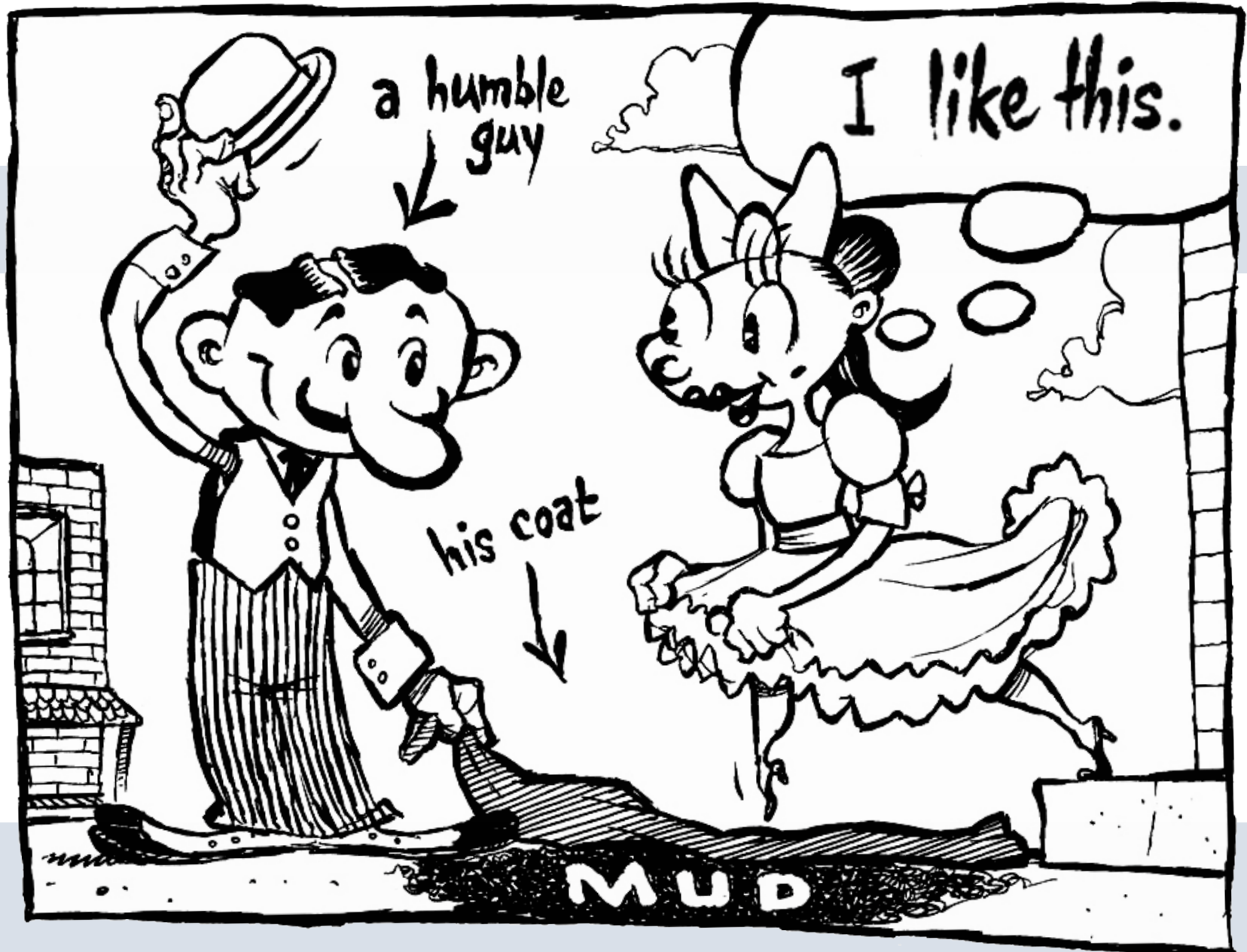


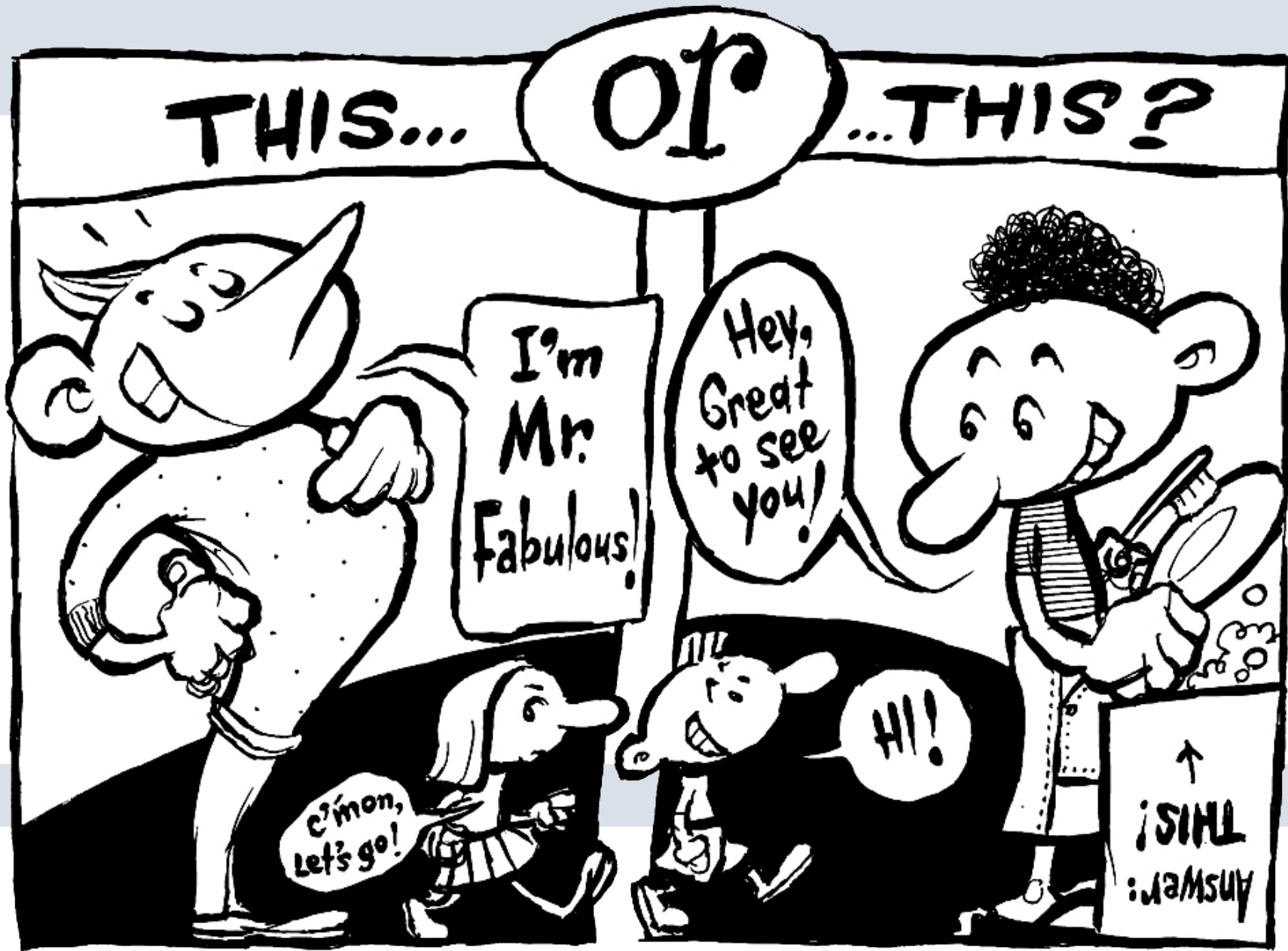
# The Benefits of Humility

One of the many benefits of being humble is that it improves your interactions with others.

People enjoy being around those who are considerate and who think about others and not just themselves. Doing this takes humility and esteeming others more important than one's self.

On the other hand, people seldom feel comfortable around those who are so proud and self-centered that they often brag about how they can do things better than others. It's difficult to be around someone who can't lose gracefully or finds it hard to admit that he doesn't know everything.





A person is generally happier and has more friends when he has learned to walk in humility and to admit when he needs help from others.

It always pays to stay humble. Humility will make you much easier to relate to. It will help you have closer friendships and more joy in your life.