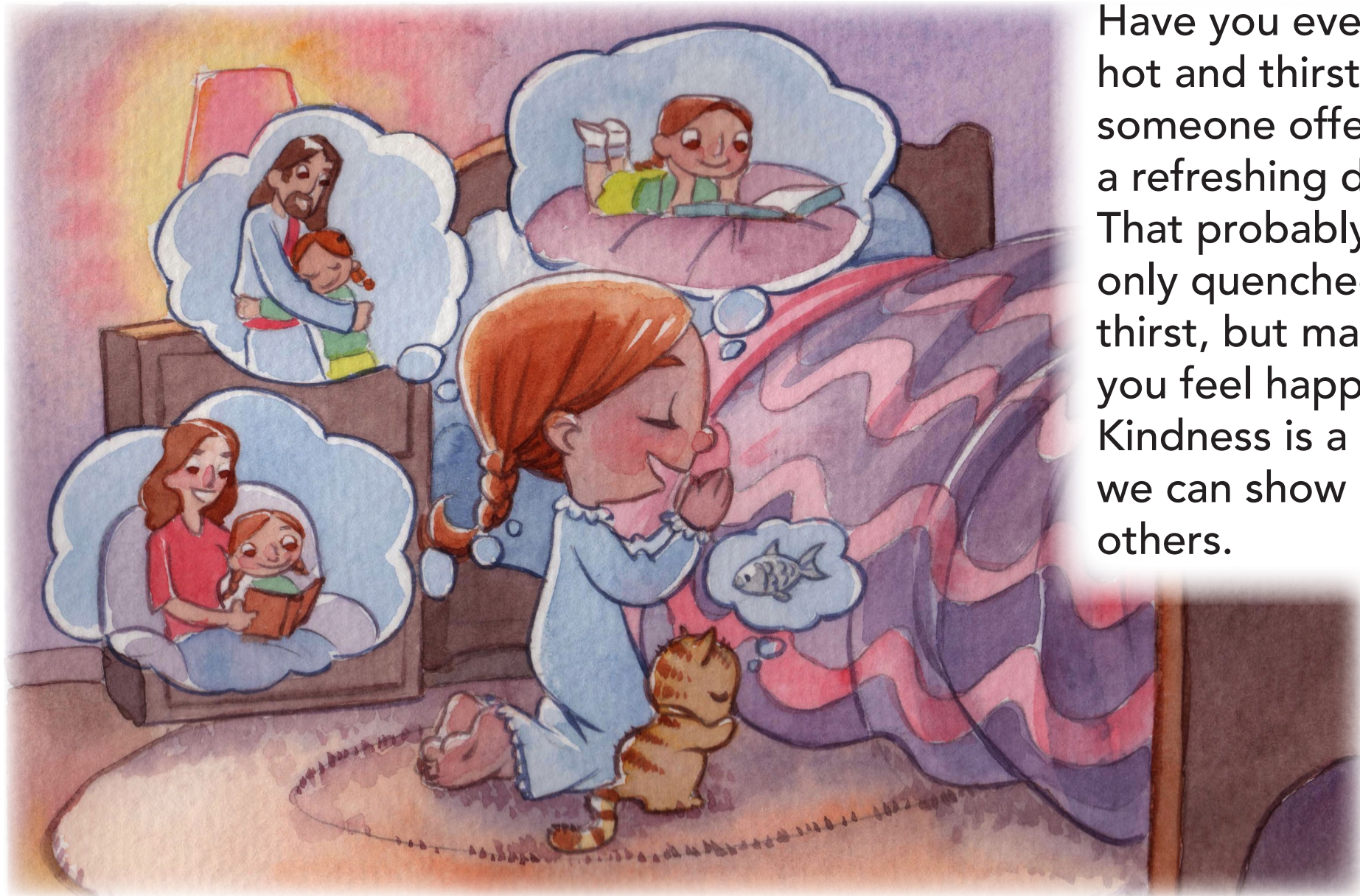


# Little Acts of Kindness

Love one another.  
(1 John 4:7 NIV)





Have you ever been hot and thirsty and someone offered you a refreshing drink? That probably not only quenched your thirst, but made you feel happy too. Kindness is a way that we can show love to others.







We can show kindness by doing kind things. They don't have to be big things, either; even little acts of kindness can make someone's day happier and brighter.



Jesus wants us to show love to others. In fact, Jesus told us that this was one of the most important things that we could do—to be kind and loving to others. When we are kind to others, this makes others happy. Jesus is proud of us when we show kindness, and it makes us happy too.





# Action

Think of something kind that you can do for someone in your family, then do the kind deed. See how it makes that person happier, and it will make you feel better, too.



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