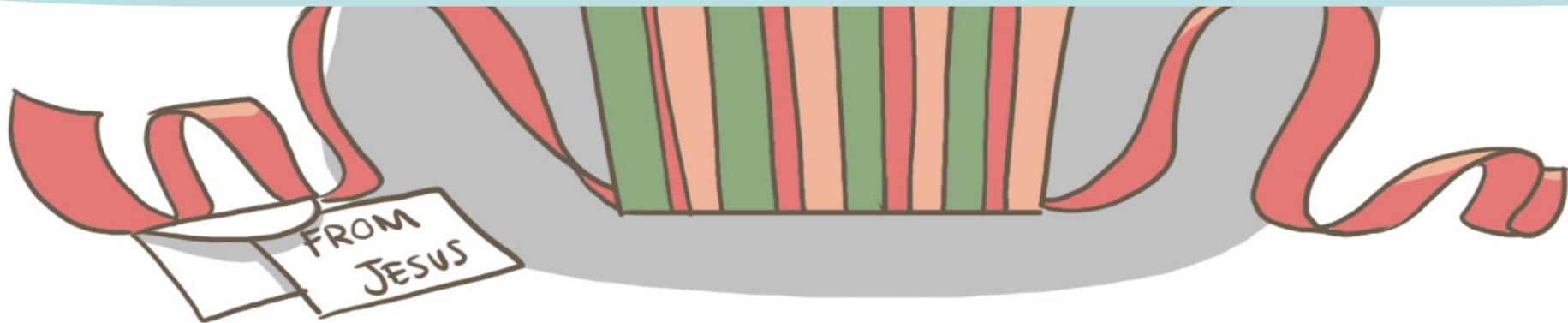




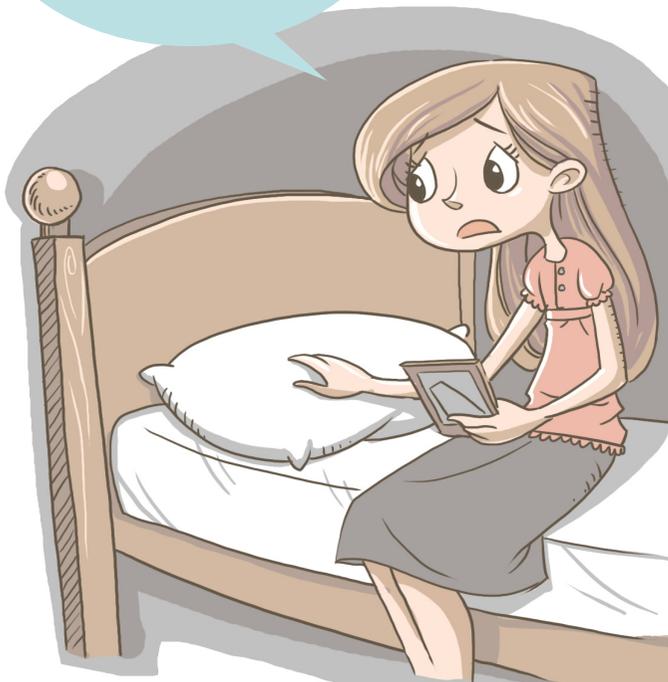
**CHANGE *EQUALS* DEVELOPMENT**



## Changes come into your life as opportunities for growth.

It often takes a steel will to face each cycle of change positively and to accept what that change is bringing into your life.

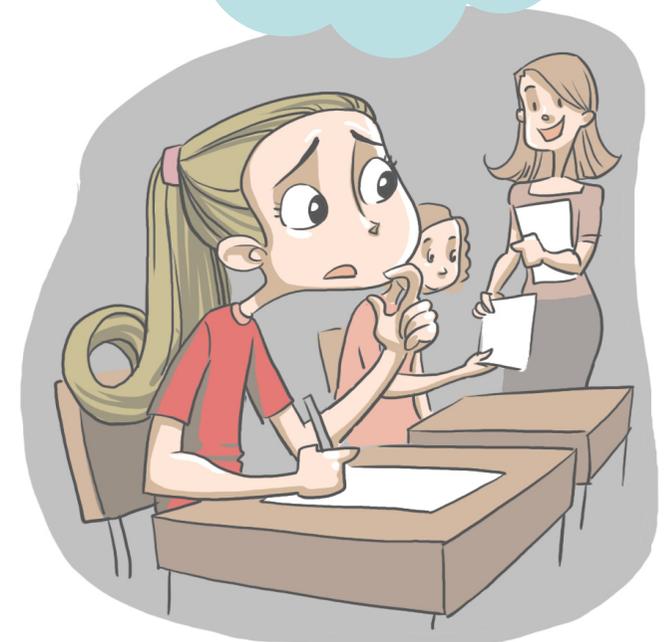
WHY DID  
JESSICA HAVE  
TO MOVE  
AWAY?



I DON'T LIKE  
HAVING TO WEAR  
GLASSES. I WISH I  
DIDN'T HAVE TO  
START WEARING  
THEM.



I'M WORRIED MY  
NEW TEACHER  
WON'T LIKE ME. ...





FOR P.E. TODAY,  
WE'LL BE LEARNING  
HOW TO JUMP  
HURDLES.

GASP! BUT I'VE NEVER  
DONE THAT BEFORE. ...  
I'M GOOD AT SOCCER, I  
WISH WE COULD GO BACK  
TO PLAYING THAT.

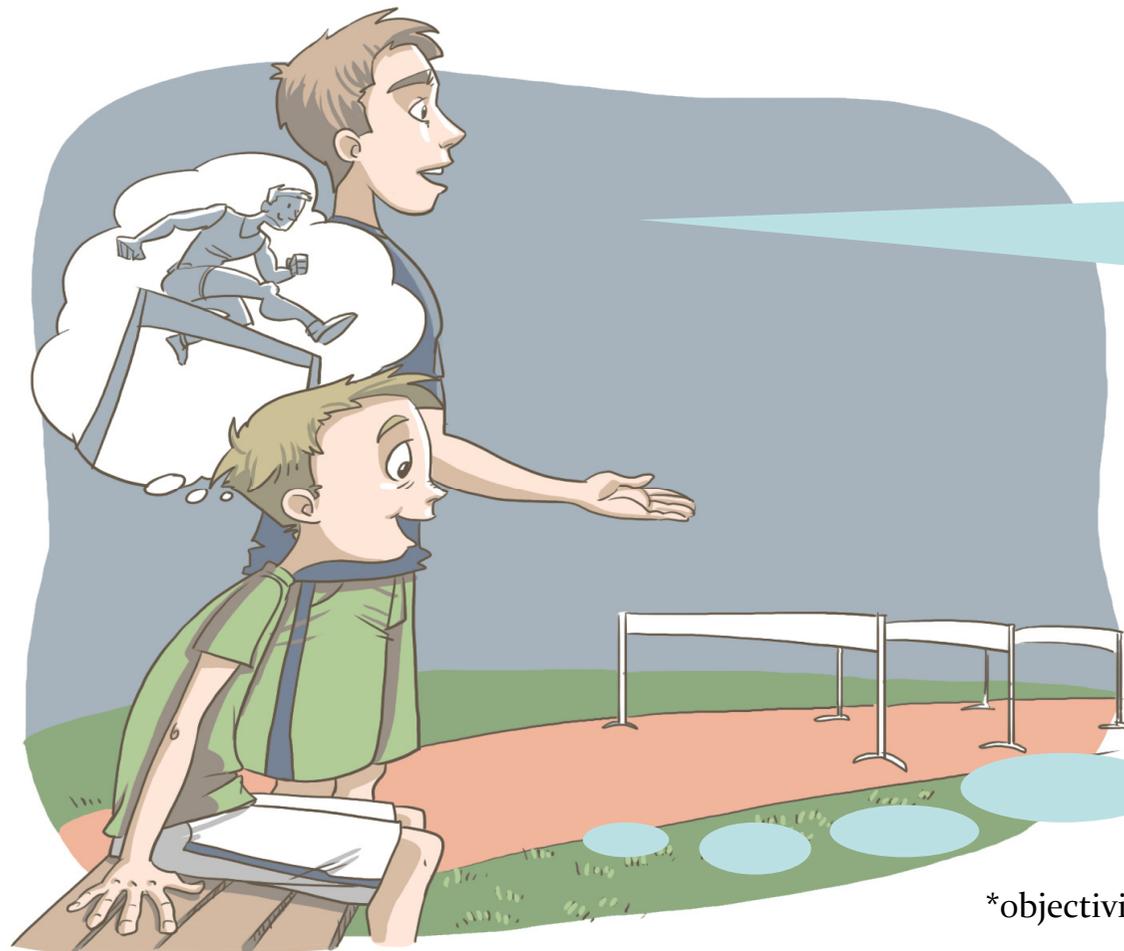
**What makes change so challenging** is that it's natural to be comfortable with what you're familiar with. Sometimes even the idea of venturing beyond what you know can make you feel a little shaky. You don't know exactly what to expect.

**Doing something new might mean you're going to need to develop new skills.**

That will take effort on your part, and your level of experience and understanding will likely be expanded beyond its present limitations. You have to be willing to accept the need to grow and learn more, and that is rarely easy.



**When you are faced with the need to change,** or when you are aware of potential changes on the horizon, it takes determination and objectivity\* to move forward, without letting the possibility of change, or even the change itself, upset your world.



FOR P.E. TODAY,  
WE'LL BE  
LEARNING HOW  
TO JUMP  
HURDLES.

I'VE NEVER DONE THAT  
BEFORE. BUT IT WOULD BE  
AWESOME TO BE ABLE TO.

\*objectivity: being able to judge something without being swayed by emotion or personal preference

**What will help you to have this kind of attitude?** Positiveness and gratefulness! Learn to look for the good that will come about as the result of that change.



CONGRATULATIONS! YOU'VE FINISHED YOUR LITERATURE COURSE. HERE'S YOUR WORKBOOK FOR THE NEXT LEVEL!

I WONDER WHICH AUTHORS AND THEIR WRITINGS I'LL LEARN ABOUT.

**It can be difficult to embrace the new** when you have limited knowledge of what the change will mean and the impact it will have on your life.

**But it's important to see change as a leap to the next level of progress;** learn to look at change as essential to your development.

**“Development”** means the act of growing or progressing, it also means the act of improving, expanding, or refining. Some synonyms of the word “development” are: growth, increase, advance, progress, expansion, extension, evolution, blooming, and maturing.

Development is a wonderful aspect of our lives! (Look up the definition of any of the above synonyms that you are unfamiliar with.)

**Whatever the change,** change puts you in a position of *growth*.



EVERYONE HAS BEEN SO IMPRESSED WITH YOUR POSITIVE ATTITUDE AND GREAT TRACK RECORD. WE'D LIKE TO ASK YOU TO BE CAPTAIN OF THE TRACK AND FIELD TEAM.

I WOULD BE HAPPY TO.

A NEW CHALLENGE!  
HOW EXCITING!

**The acceptance of and ability to use change in your life for good** plays a large role in defining who you are—your character, your spirit, and your capabilities.

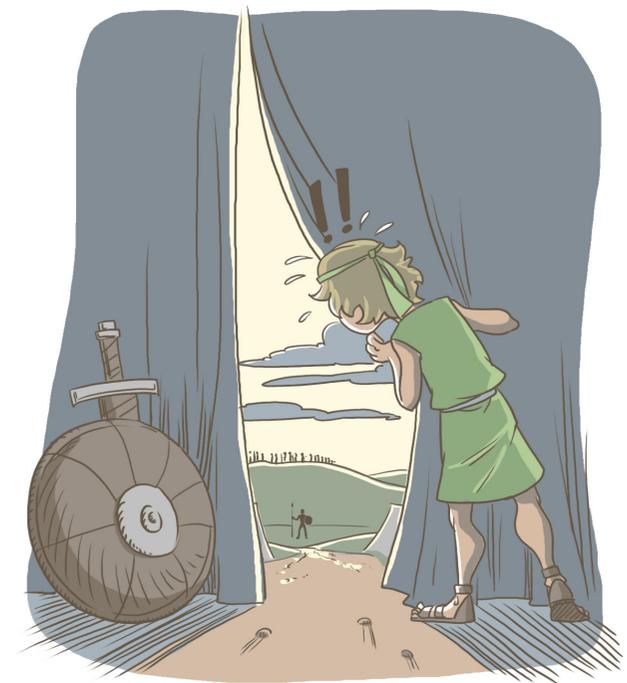
**Just as you anticipate receiving a gift from your parents or a friend of yours,** this is how Jesus wants us to anticipate change.

**Change is a gift from Jesus,** because He is interested in your development and in you reaching your full potential.



# *Just think!*

What if the young shepherd David had refused to be anointed king by the Prophet Samuel? What if he had thought, *Oh, but I've never been king before, and I don't think I'm ready, even though God says I am.* Or, what if he had refused to face Goliath because he had never fought a giant before, and he wasn't sure that a pebble would do the trick, even with God's help?



**King David embraced the new experiences that God had prepared for him at each stage of his life,** and because of this, he grew into the man God wanted him to be. (Read more of King David's life in 1 Samuel 16 and 17.)

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What new **experiences** and **changes** is God bringing into your life right now?

Are you accepting and growing from them?



*The* **end**

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**S&S link:** Character Building: Courage-1e

Authored by Tomoko Matsuoka, based on the writings of Maria Fontaine.  
Illustrations by Sabine Rich. Design by Ella Jeffrey.

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