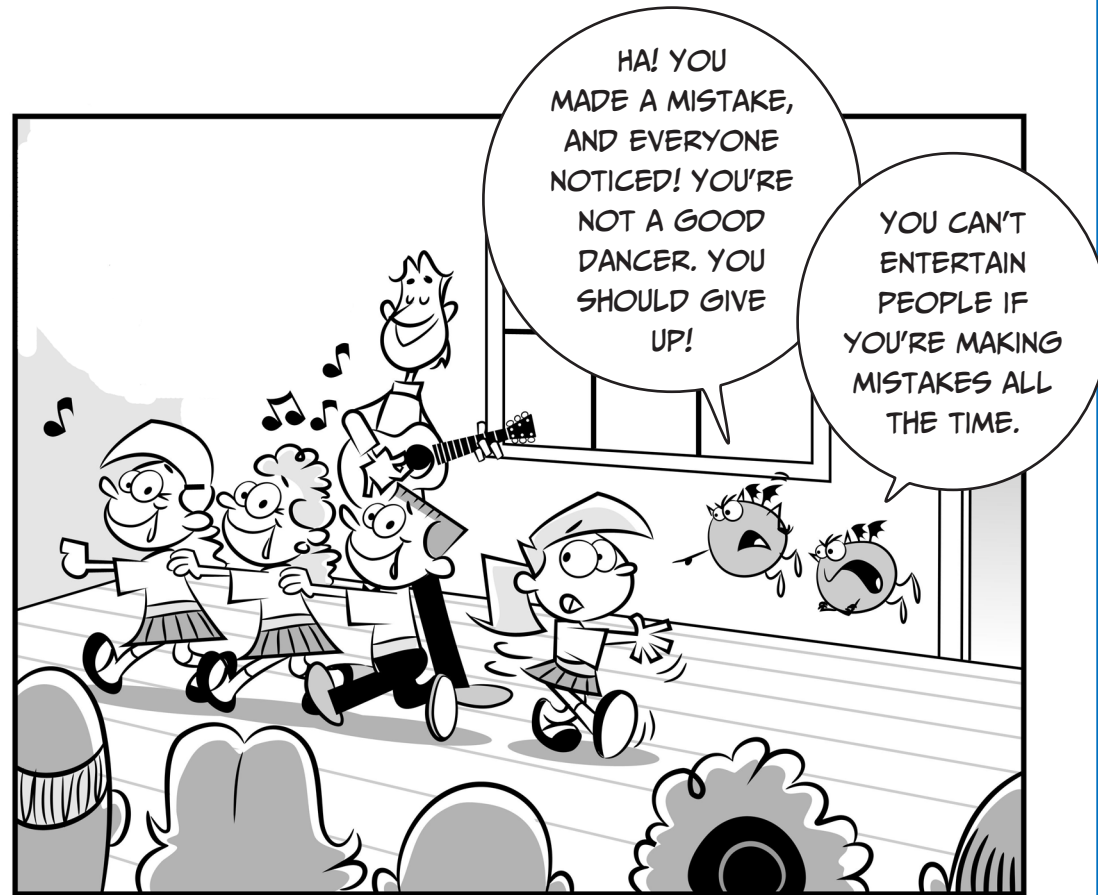
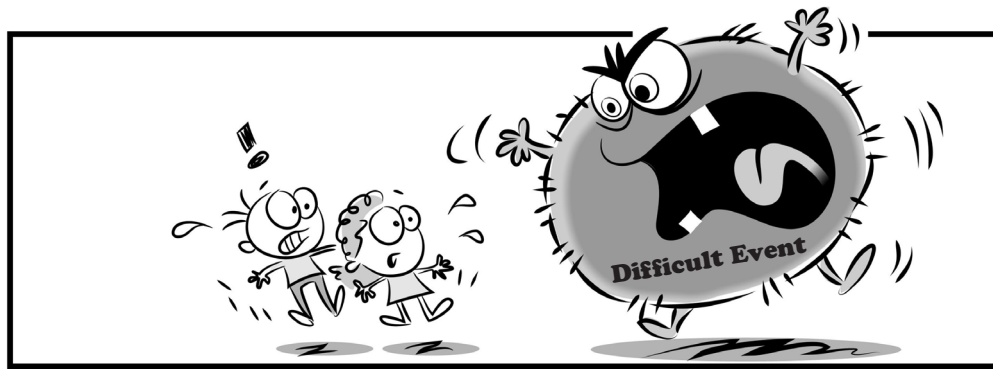


The Power of Praise and Thanksgiving

WHEN YOU PRAISE JESUS FOR HIS GOODNESS AND THANK HIM FOR ALL HE'S DONE FOR YOU, IT REMINDS YOU THAT HE WILL HELP YOU NO MATTER HOW DIFFICULT THE CIRCUMSTANCES SEEM.



EVEN IF YOU FIND YOURSELF IN A DIFFICULT SITUATION, JESUS CAN HELP YOU HAVE A POSITIVE ATTITUDE.



IF YOU PRAISE JESUS EVEN DURING DIFFICULT TIMES, YOUR PRAISES DRAW YOU CLOSER TO HIM, GIVING GREATER OPPORTUNITY FOR HIM TO BRING PEACE AND FAITH INTO THE SITUATION.

"DRAW NEAR TO GOD, AND HE WILL DRAW NEAR TO YOU" (JAMES 4:8 AKJV).

WHEN YOU PRAISE AND THANK JESUS, IT WILL:

- ENCOURAGE YOU AND OTHERS AROUND YOU.
- HELP YOU TO SEE THINGS THE WAY GOD WANTS YOU TO SEE THEM.
- HELP YOU BELIEVE THAT YOU CAN IMPROVE.
- GIVE YOU FAITH THAT WONDERFUL THINGS OR MIRACLES CAN HAPPEN, EVEN DURING TOUGH TIMES.





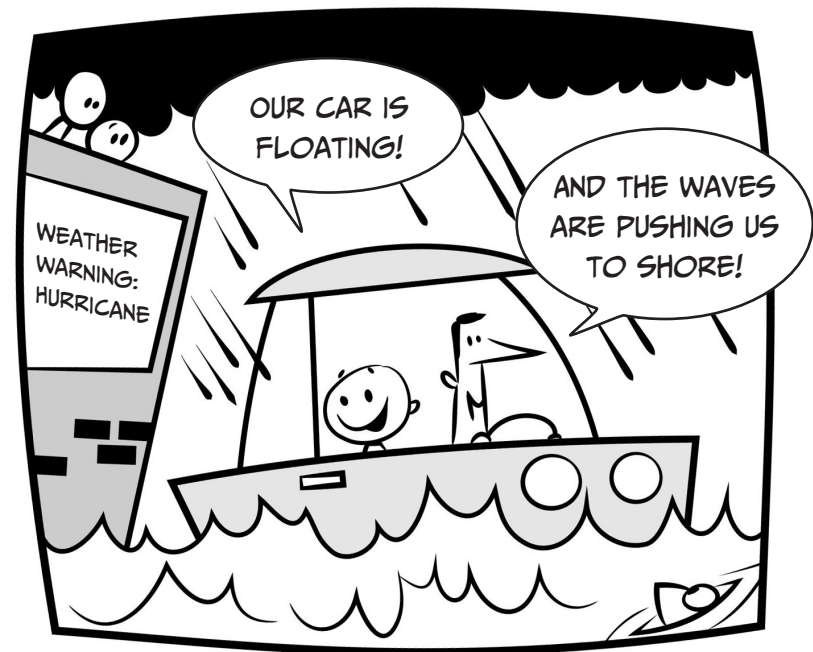
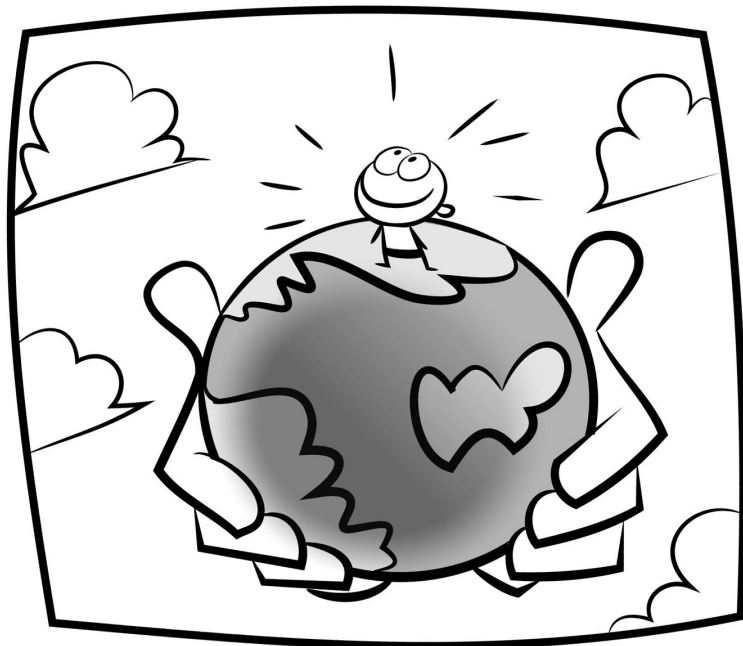
REMEMBER, JESUS CAN BRING VICTORY INTO ANY SITUATION!

THE GOD OF THE UNIVERSE HAS THE WHOLE WORLD IN HIS HANDS—INCLUDING YOU!

WHEN YOU BELIEVE THAT GOD IS THERE FOR YOU, YOU CAN CONFIDENTLY PRAISE AND THANK HIM FOR THE SOLUTION, EVEN BEFORE YOU SEE IT.



"DON'T WORRY ABOUT ANYTHING; INSTEAD, PRAY ABOUT EVERYTHING. TELL GOD WHAT YOU NEED, AND THANK HIM FOR ALL HE HAS DONE. THEN YOU WILL EXPERIENCE GOD'S PEACE, WHICH EXCEEDS ANYTHING WE CAN UNDERSTAND. HIS PEACE WILL GUARD YOUR HEARTS AND MINDS AS YOU LIVE IN CHRIST JESUS" (PHILIPPIANS 4:6-7 NLT).



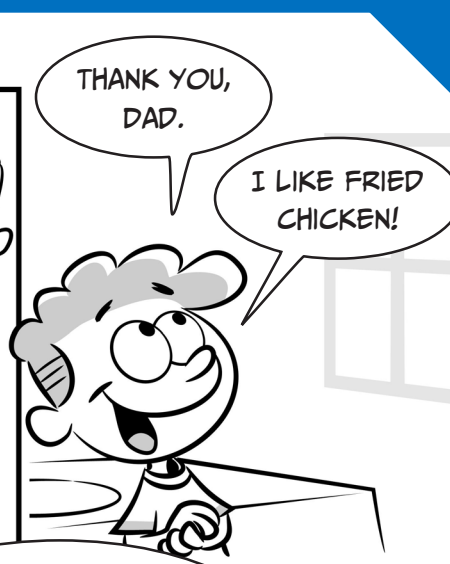
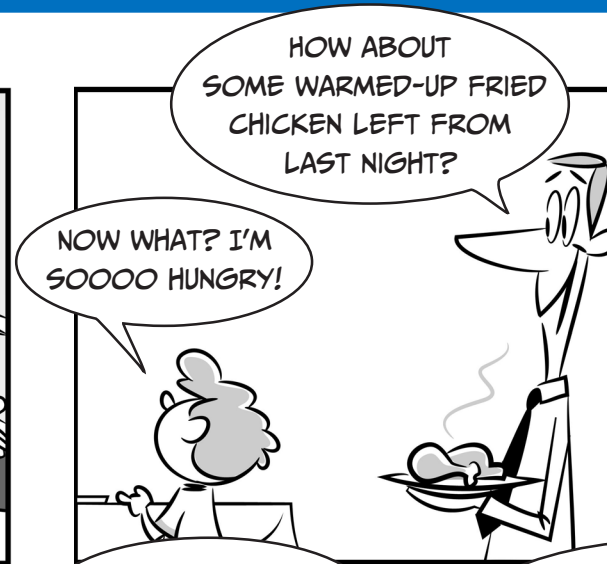


"ALL THINGS WORK TOGETHER FOR GOOD TO THEM WHO LOVE GOD" (ROMANS 8:28 KJV).

SHOW JESUS YOUR GRATITUDE BY HAVING A POSITIVE REACTION WHEN THINGS GO WRONG. THIS WILL CREATE AN OPPORTUNITY FOR HIM TO FILL YOUR HEART WITH TRUE HAPPINESS AND GRATITUDE.



DINNERTIME...



An activity to try:

WITH YOUR FAMILY OR FRIENDS: ONE PERSON BEGINS BY STATING A POSSIBLY DIFFICULT OR TRYING SCENARIO; THE PERSON TO THEIR RIGHT THEN FINISHES THE SENTENCE BY TURNING THE DIFFICULT SCENARIO INTO A PRAISE OF THANKFULNESS TO GOD.



S&S link: Christian Life and Faith:

A Personal Connection with Jesus: Praise and Thanksgiving-1e

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