



Bringing Out the Champion

A message from Jesus

I see you've been asked to stand out from this game for getting angry, when I'm sure you would rather be playing. Do you want to tell Me about it? I can help you feel better if we spend a few minutes talking together about what happened.

I know you feel bad that you got angry at your friend. I'm proud of you for acknowledging that you should've acted with more thoughtfulness and patience. Sometimes people do things that upset you, even things they know aren't the right thing to do, and it's hard to know how to react. Sometimes you feel let down by your friends, and that can be very frustrating.

When I lived on earth, I was sometimes tempted to be frustrated with My disciples. Like the time they fell asleep instead of praying with Me. So I can relate to how it feels when this happens!

¹Matthew 26:36-41.



If you tell Me about how you feel, I can give you key tips on how to help you control your emotions and handle such difficult situations better in the future. I can also help you accept the correction you received like a champion, and learn from it.

Champions are winners. Winners know that they need training and correction to grow strong. Training makes it possible for them to keep winning. So let's talk this over, and I'll give you some advice to make it easier for you to do what's right next time.

"Give all your worries and cares to God, for he cares about you" (1 Peter 5:7 NLT).

S&S link: Christian Life and Faith: A Personal Connection with Jesus: Jesus, Your Best Friend-1d

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