## LIFTED UP ON GOD'S WORD

God's Word is a light to guide you on your way.<sup>1</sup> Through reading and reflecting on God's Word, you can know how to lead a good and upright life.<sup>2</sup> As you read and memorize God's Word, you hide it safely in your heart so that you are reminded of God's instructions when you need them.

When you follow the directions and instructions God gives us in His Word, it makes it possible for God to fill your life with goodness and blessings. God's Word can also speak to your heart by reminding you to do what is right and good toward God and others.

Do your best to follow God's Word and walk in His footsteps, then it will be easier to live the right way and do those things that uplift your heart and draw you closer to God.

"Happy are the people who live pure lives.
They follow the Lord's teachings.
Happy are the people who keep his rules.
They ask him for help with their whole heart.
They don't do what is wrong.
They follow his ways."

—Psalm 119:1-3 ICB



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