

# NEVER QUIT

Sometimes you will face challenges—things that are difficult and hard for you to do. Whether it is doing something new or redoing a task that you struggle with, it takes determination to keep trying even when it is difficult or you fail at first.

The Bible says: “We have all these great people around us as examples. Their lives tell us what faith means. So we, too, should run the race that is before us and never quit. We should remove from our lives anything that would slow us down and the sin that so often makes us fall.”<sup>1</sup>

You must learn to face each challenge with faith and perseverance. Trust that even though you may not get it right at first, with effort and practice you will learn. Ask God for help to stay focused on your goal. He can give you the faith and confidence to continue trying until you get it right.



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