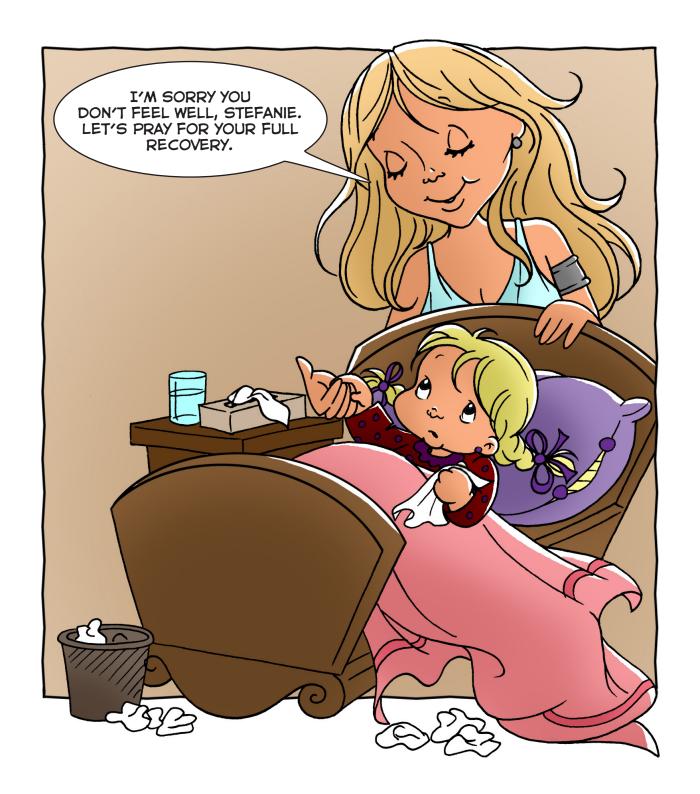
God's Healing Touch

In the Bible we can read of the times Jesus healed those who were unwell. The lame, the blind, and the sick came to Jesus and found healing through His touch.

Jesus works miracles of healing today, too. Through your prayers you can ask Jesus for healing from whatever sickness you face. Sometimes healing comes quickly, but other times your body needs a little more time to heal. Even if your healing takes a little longer than you would like, you can always trust that Jesus will be near and will be taking good care of you.



Did you know that there are things you can learn through your sickness or injury? For example, learning how to care for your body properly by eating right, sleeping enough, and staying clean and safe.

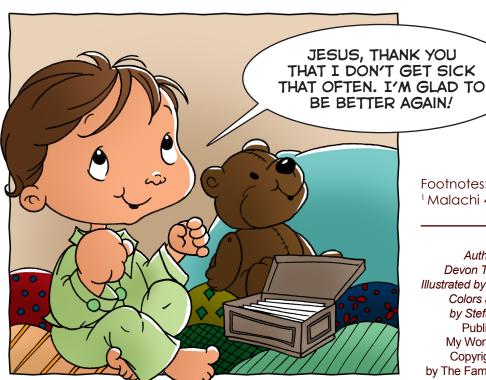
Or maybe you had an accident and were injured because you did something you should not have. Having that time to be still and quiet gives you a chance to think about how you can do better next time and make the right decisions that will keep you healthy and safe.



No matter what sickness or injury you face, remember that Jesus can heal you. In fact, the Bible tells us that "for you who fear my name, the Sun of Righteousness will rise with healing in his wings. And you will go free, leaping with joy like calves let out to pasture." 1 Have you ever seen a calf running into the field after being in a barn for the night? That little calf happily runs all over the field.



Once you have recovered from a sickness, it is wonderful to no longer feel unwell, achy, and uncomfortable. You learn to appreciate the good health you usually enjoy. Learning to be grateful for good health is one of the blessings you gain from your time of sickness.



Footnotes: ¹ Malachi 4:2 NLT

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