

B Is for **B**e a Friend

There are many ways that you can be a friend to others. A good friend is thoughtful and kind. A good friend will listen and work with you to solve problems. A good friend shows respect and is well-mannered and pleasant. A good friend will be there to lend a hand when you need help.

A good friend makes you feel cared for and loved.

Put it into action:

Do something today to show a friend how much you care. You can write a note, give your friend a hug, or tell your friend what makes him or her special to you. Make your friend feel special today!

