

K Is for Kindness

Kindness is showing concern for how someone else is doing. It's being caring toward anyone or anything that crosses your path.

Kindness can mean doing nice things that brighten people's lives. It can also be caring for an animal or caring for the earth. When someone is sad or needs help, you can show love through your kind words and actions.

You make the world a better place by showing kindness!

Put it into action:

Pick one way you can make someone happy today, and then do it! Use your imagination.

